

# Prepare for the MCAT® Exam Using AAMC MCAT Official Prep Resources

There isn't a right or wrong way to prepare for the MCAT® exam, but knowing how and where to start can be a challenge. The AAMC has developed resources to help you understand the exam, study, and practice for it!

#### **How to Create a Study Plan**

Get a six-step guide to help you create your own study plan. Learn more at <a href="mailto:aamc.org/mcatprep">aamc.org/mcatprep</a>.



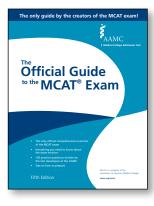
#### **Understand**

Understand what the MCAT exam is and what it tasts



## Interactive Content Tool: What's on the MCAT Exam?

Read the content lists and watch videos to explore what's tested in the four exam sections.



### The Official Guide to the MCAT® Exam

The Official Guide provides a comprehensive overview of the exam, including information about registration, what to expect on test day, the score scale, and how MCAT scores are used in the admissions process. It also includes 120 practice questions and solutions.



#### Study

Study with a full complement of materials.



#### **Khan Academy MCAT Collection**

The Khan Academy MCAT
Collection contains sample content
from all four sections of the exam
and includes 1,100 videos and 3,000
review questions to help you study.
The collection was created by Khan
Academy with support and funding
from the AAMC and the Robert
Wood Johnson Foundation.



## A Road Map to MCAT Content in Biochemistry Textbooks

#### **Road Maps to MCAT Content**

The AAMC reached out to publishers of biochemistry, psychology, and sociology textbooks for detailed information on where to find the concepts you'll need to know for the MCAT exam.

Learn more about AAMC MCAT Official Prep resources and practice materials at **aamc.org/mcatprep**.



#### **Practice**

Practice with print and online resources written by the test developers. Unless noted otherwise, all resources include both discrete and passage-based questions, as well as solutions to the questions.



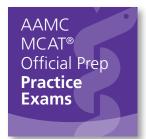
#### Sample Test

This 230-question online practice exam has the same features and functionality as the MCAT exam, but it does not provide a scaled score.



#### **Complete Bundle**

The complete bundle includes all MCAT Official Prep products at a discount over ordering each product separately.



#### **Full-Length Practice Exams**

The 230-question online practice exams have the same features and functionality as the MCAT exam — with the added benefit of a scaled score and percentile rank.



#### **Online-Only Bundle**

The online-only bundle includes all online MCAT Official Prep products.



#### **Question Packs**

Each question pack offers 120 practice questions. Buy the packs individually or as a bundle of six: biology (two packs), chemistry, physics, and critical reasoning (two packs).



#### **Section Bank**

The online MCAT Section Bank consists of 300 practice questions in the natural, behavioral, and social sciences, with an emphasis on biochemistry, psychology, and sociology.



## Practice With the MCAT Exam Features

Practice using the features of the real MCAT exam, including highlight, strikethrough, and flag for review. Access this free resource by logging in to the MCAT Official Prep Hub with your AAMC credentials.



#### **Print and Online Flashcards**

Both the print and online MCAT flashcards contain the same 150 discrete practice questions. You get 25 questions in each of these six disciplines: biochemistry, biology, chemistry, physics, psychology, and sociology.

Learn more about AAMC MCAT Official Prep resources and practice materials at **aamc.org/mcatprep**.



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