Premed Resources “Cheat Sheet”

Choosing a Medical Career

- Premed Calendar: Important Dates, Deadlines, Events
- If you don’t have a prehealth advisor… NAAHP Find an Advisor
- Subscribe to AAMC Premed Navigator (and read the archive of articles)
- Summer Health Professions Education Program (SHPEP)
- Aspiring Docs Fact Sheets
  - Making the Most of Your Gap Year
  - Finding Healthcare Related Opportunities
  - Considering a Post-Bac Program
  - Shadowing a Doctor
  - Getting Experience without Shadowing
  - Applying as a Veteran or Current Military Member
  - Information for High School Students
  - Parent’s Guide: Helping Your Student Apply to Medical School
- Inspiring Stories – Applicants to medical student to physicians
- Aspiring Doc Diaries Blog
- Deciding if Medicine is for You
- Medical Career Paths
- Medical Career Fairs
- Ways to Explore More
- Getting Into Medical School 101
- What Medical School is Really Like
Financing Your Medical Education

- **Fee Assistance Program (FAP)**
  - Fee Assistance Program Benefits
  - Eligibility Requirements
  - 2022 Fee Assistance Program Essentials

- **FIRST (Financial Information, Resources, Services, and Tools)**
  - MedLoans® Organizer and Calculator
  - Top 10 Questions Pre-meds Should Ask Medical School Financial Aid Officers
  - Budget Worksheet for Students
  - FIRST Fact Sheets
  - Education Debt Manager
  - Borrowing 101
  - Cost of Applying to Medical School
  - Loan Repayment Options
  - Managing Your Finances During Medical School
  - Financial Wellness for Medical School and Beyond

- **Six Financial Tips for Premed Students**

Preparing for the Medical School Application Process

- **Medical School Admission Requirements™ (MSAR®) Online Database**
  - Be Our Guest: How to use MSAR® (mostly for free) before, during and after you apply
  - Buying and Using the Medical School Admission Requirements™ FAQ
  - Medical School Admission Requirements™ Reports for Applicants and Advisors
  - Medical School Admission Requirements™ Website Demos (prehealth advisor access required)
• **Anatomy of An Applicant**
  - Real Stories Demonstrating Core Competencies
  - The Core Competencies for Entering Medical Students
  - The Parts of Your Medical School Application
  - Self-Assessment Guide

• **Post-Bac Programs**
  - Database of Post-Bac Programs
  - Fact Sheets: Post-Bacc Programs
    - Considering a Post-Bacc Program
    - About Post-Bacc Programs
    - What it’s like to do a Post-Bacc Program

• **Timeline for Application and Admission to Medical School**

• **Getting Into Medical School Brochure**

• **Getting Organized**

• **Gap Year**
  - Getting Ready for a Gap Year
  - What to do During a Gap Year

• **Getting Experience**

Taking the MCAT® Exam

• **Medical College Admission Test® (MCAT®)**

• **The MCAT® Essentials for Testing Year 2022**

• **Prepare for the MCAT® Exam**
  - Free MCAT Preparation Resources

• **What is the MCAT Exam?**

• **MCAT® Exam with Accommodations**
- U.S. MCAT® Calendar, Scheduling Deadlines, and Score Release Dates
- Canadian MCAT® Calendar, Scheduling Deadlines, and Score Release Dates
- U.S. Territories and International MCAT® Testing Calendar

Taking the AAMC PREview™ Professional Readiness Exam
- About the AAMC PREview™ Professional Readiness Exam | AAMC
- The AAMC PREview™ Essentials for Testing Year 2022
- Participating Medical Schools for 2022
- Prepare for the AAMC PREview™ Exam
- AAMC PREview™ Eligibility and Registration

Completing Your Journey to Medical School
- American Medical College Application Service® (AMCAS®)
- 2023 AMCAS® Applicant Guide
- 2023 AMCAS® Application Workbook
- Resources for Prehealth Advisors and Letter Writers
- AMCAS® Tools and Tutorials
- Quick Tips for Completing Your AMCAS® Application
- AMCAS® Application Cycle Numbers for 2021 Matriculated Applicants – Infographic
- Medical School Interviews
  - Interviewing for PhD Programs