

Premed Resources “Cheat Sheet”

Choosing a Medical Career

- Premed Calendar: Important Dates, Deadlines, Events, etc.
- Subscribe to the Premed Navigator (plus archives)
- Find an Advisor: NAAHP
- Summer Health Professions Education Program (SHPEP)
- Aspiring Docs Fact Sheets
 - *Making the Most of Your Gap Year*
 - *Finding Related Enrichment Opportunities*
 - *Considering a Post-Bac Program*
 - *Shadowing a Doctor*
 - *Getting Experience Without Shadowing*
 - *Applying as a Veteran or Current Military Member*
 - *Information for High School Students*
 - *Parents’ Guide: Helping Your Student Apply to Medical School*
- Inspiring Stories from Premeds through Physicians
- Aspiring Doc Diaries Blog
- Deciding if Medicine is for You
- Medical Career Paths
- Medical Career Fairs
- Getting Into Medical School 101
- What Medical School is Really Like

Financing Your Medical Education

- AAMC Fee Assistance Program
 - *Eligibility Requirements*
 - *Benefits*
 - *Program Essentials*
- Financial Information, Resources, Services, & Tools (FIRST)
 - *Guide to Money Management and Student Loans*
 - *Managing Your Finances During Medical School*
 - *Budget Worksheet*
 - *FIRST Fact Sheets*
 - *Credit 101*
 - *MedLoans® Organizer and Calculator*

Financing Your Medical Education

- *Top 10 Questions to Ask Financial Aid Officers*
- *Financial Wellness for Medical School and Beyond*
- *Cost of Applying to Medical School*
- *Loan Repayment Options*
- *Six Financial Tips for Premed Students*

Preparing to Apply to Medical School

- Medical School Admission Requirements™ (MSAR®)
 - *Be Our Guest: How to use MSAR, mostly for free*
 - *Buying and Using the MSAR FAQ*
 - *MSAR Reports for Applicants and Advisors*
- Premed Competencies Resources
 - *Premed Competencies for Entering Medical Students*
 - *Real Stories Demonstrating Premed Competencies*
 - *The Parts of Your Medical School Application*
 - *Anatomy of an Applicant Self-Assessment Guide*
- Post-Bac Programs
 - *Database of Post-Bac Programs*
 - *Fact Sheets: Post-Bac Program*
 - Considering a Post-Bac Program
 - About Post-Bac Programs
 - What It’s Like to Enroll in a Post-Bac Program
- Application and Admission Timeline to Medical School
- Getting Into Medical School Brochure
- Premed Resources
 - *Premed Webinars*
 - *Popular Premed Resources*
- Getting Organized
- Gap Year
 - *Preparing for Medical School or a Gap Year*
 - *What To Do During Your Gap Year(s)*
- Getting Experience

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Taking The MCAT® Exam

- Medical College Admission Test® (MCAT®)
- The MCAT Essentials For Testing Year 2026
- Prep for the MCAT Exam
 - *Free Planning and Study Resources*
- Testing with Accommodations
- U.S. MCAT Calendar, Scheduling Deadlines and Score Release Dates
- Canadian MCAT Calendar, Scheduling Deadlines and Score Release
- U.S. Territories and International MCAT Testing Calendar

Taking the PREview® Professional Readiness Exam

- About the PREview Exam
- PREview Essentials for Testing Year 2026
- PREview Participating Medical Schools
- Prepare for the PREview Exam
- PREview Eligibility and Registration
- PREview Testing Calendar, Scheduling Deadlines and Score Release Dates

Completing Your Journey to Medical School

- American Medical College Application Service® (AMCAS®)
- 2026 AMCAS Applicant Guide
- 2026 AMCAS Application Workbook
- Resources for Prehealth Advisors and Letter Writers
- AMCAS Tools and Tutorials
- Quick Tips for Completing Your AMCAS Application
- Medical School Interviews
 - *Interviewing for PhD Programs*