



the admissions process is to make sure students will succeed in medical school and contribute positively to their future patients and the medical community.

### What Makes a Competitive Applicant?

- Good time-management skills. Are you able to balance many competing deadlines, keep focused, and prioritize when necessary to complete tasks on time?
  - Evidence of leadership. Are you able to demonstrate that you can lead a project or team?
  - Exposure to medically related environments. Do you have meaningful and sustained volunteer experience in a medically related setting, such as a clinic, nursing home, or physician's office?
  - Exceptional communication skills. Are you articulate and able to communicate information clearly to people regardless of their backgrounds or experiences?
- Evidence of compassion and respect. Can you point to experiences that show you are empathetic and caring?
  - Interpersonal skills. Medicine today relies on skilled people from numerous health professions. Can you demonstrate that you're able to work well in groups and teams?
  - Interests outside medicine and personal background. What are your qualities, hobbies, passions, and other personal attributes that will contribute to the medical school community and enrich its diversity?

#### MORE INFORMATION

**Holistic Review:** [www.aamc.org/initiatives/holisticreview](http://www.aamc.org/initiatives/holisticreview)

**Medical School Admission Requirements (MSAR):** [www.aamc.org/msar](http://www.aamc.org/msar)