Diversifying the Next Generation of Doctors

C A R E E R  F A I R  A N D  W O R K S H O P S

PROGRAM

Saturday, Nov. 4, 2023 • 8:30 a.m.-4:30 p.m.
Seattle Convention Center, Arch Building
Seattle, Washington

#FutureDocs
CALLED TO CARE, AND INSPIRED TO CURE?

Explore the distinctive pathway of becoming a Doctor of Osteopathic Medicine (DO).

DOs are physicians, educated at top U.S. colleges of osteopathic medicine.

1 out of 4 med students is training to become a DO.

DOs focus on well-being and preventative medicine.

DOs provide a holistic approach that goes beyond treating symptoms.

Become part of a growing community that is redefining medical care through valued patient relationships and hands-on expertise for optimal health.

Choose D.O.

www.aacom.org
Contents

Welcome Letter ................................................................................................................................. 6

Full Workshop Agenda .................................................................................................................... 8

Recruitment Fair ............................................................................................................................ 17
Interactives: Hands-On Activities to Learn and Play!

Floor Plan ......................................................................................................................................... 20

Medical Schools, Health Professions, Student Organizations, and AAMC Services .................... 22

AAMC Resources .............................................................................................................................. 32
Bookmark

Equity, Diversity, and Inclusion at the AAMC ............................................................................... 33

The SCOTUS Decision on Race-Conscious Admissions and Implications for Academic Medicine ........................................ 34

My Story Matters: Diversity Impacts Health Care ........................................................................ 34

AAMC Group on Student Affairs (GSA) Committees on Admissions and Student Diversity Affairs ........................................... 35

The Official Guide to Medical School Admissions .......................................................................... 36

AAMC Organization of Student Representatives (OSR) ................................................................. 37

Things I Wish I Had Known Before I Started Medical School ........................................................ 38

Medical Minority Applicant Registry (Med-MAR) ......................................................................... 39

Preparing for, Applying to, and Financing PhD or MD-PhD Programs in Biomedical Research .......... 40
PhD Programs in the Biomedical Sciences

MD-PhD Programs in the Biomedical Sciences ............................................................................. 41

AAMC Group on Research, Education, and Training .................................................................... 42

Notes ................................................................................................................................................ 49
Focusing on Equity is Fundamental

The University of Washington School of Medicine is committed to educating and training the next generation of clinicians to provide equitable healthcare in an inclusive environment that is committed to anti-racism.

Key to realizing this goal is the recruitment and retention of students, faculty, trainees and staff who represent the diversity of the communities we serve.

equity.uwmedicine.org

Learn about applying to UW School of Medicine at uwmedicine.org/admissions
AAMC Resources

Who is the AAMC (Association of American Medical Colleges)?

The AAMC is a trusted provider of valuable resources for medical students, residents, and professionals in academic medicine.

The AAMC (Association of American Medical Colleges) is a nonprofit association dedicated to improving the health of people everywhere through medical education, health care, medical research, and community collaborations. Its members are all 157 U.S. medical schools accredited by the Liaison Committee on Medical Education; 13 accredited Canadian medical schools; approximately 400 academic health systems and teaching hospitals, including Department of Veterans Affairs medical centers; and more than 70 academic societies. Through these institutions and organizations, the AAMC leads and serves America's medical schools, academic health systems and teaching hospitals, and the millions of individuals across academic medicine, including more than 193,000 full-time faculty members, 96,000 medical students, 153,000 resident physicians, and 60,000 graduate students and postdoctoral researchers in the biomedical sciences. Following a 2022 merger, the Alliance of Academic Health Centers and the Alliance of Academic Health Centers International broadened participation in the AAMC by U.S. and international academic health centers.

Through its many programs and services, the AAMC strengthens the world's most advanced medical care by supporting the entire spectrum of education, research, and patient care activities conducted by our member institutions. The AAMC and our members are dedicated to the communities we serve and steadfast in our desire to earn and keep the public's trust for the role we play in improving the nation's health.

Vision

The vision of the AAMC and its members is a healthy nation and world in which:

- America's system of medical education, through continual renewal and innovation, prepares physicians and scientists to meet the nation's evolving health needs.

- The nation's medical students, biomedical graduate students, residents, fellows, faculty, and the health care workforce are diverse and culturally competent.

- Advances in medical knowledge, therapies, and technologies prevent disease, alleviate suffering, and improve quality of life.

- The nation's health system meets the needs of all.

- Concern for compassion, quality, safety, efficacy, accountability, affordability, professionalism, and the public good guide the health care community.

- Medical schools and teaching hospitals continually earn the trust and support of the public for their special missions.

- The AAMC and our members are a dynamic force in realizing this vision.

For additional information, please visit aamc.org
Dear Future Health Care Leader:

Welcome to the AAMC 2023 Diversifying the Next Generation of Doctors: Career Fair and Workshops! We are excited you are spending your Saturday with us in Seattle. This commitment demonstrates your dedication to exploring and pursuing careers in medicine, biomedical sciences, and other health professions.

Globally, COVID-19 has shown us many challenges in public health, health care, and the biomedical sciences. At the same time, we witnessed the significant roles physicians, biomedical scientists, and other health professionals play in finding solutions that can save lives. The pandemic also validated how important a diverse health professional workforce is in implementing and translating these solutions into action to achieve health equity, especially for under-resourced, underserved communities in society. You can make a difference!

Given the recent Supreme Court decision on affirmative action, now more than ever, it is critical to develop the next generation of well-trained, culturally responsive, and diverse health professionals who can provide quality care to all. We need you to become part of this changing landscape by learning, asking questions, and thinking seriously about your career path.

For this reason, we are excited to meet you in Seattle, where you will also connect with medical schools and other health professions to learn more about how best to prepare for applying to and succeeding in the health professions.

During this event, you will have access to a wealth of informative resources and services to assist you in reaching your goals. They include:

- Anatomy of an Applicant, an informational service providing inspiration and resources for becoming a physician.
- Summer Health Professions Education Program (SHPEP).
- The Medical College Admission Test® (MCAT®).
- Medical School Admission Requirements™ (MSAR®).
- American Medical College Application Service® (AMCAS®).
- Financial Information, Resources, Services, and Tools (FIRST).

Make the AAMC your first stop as you pursue your career aspirations in medicine and the biomedical sciences. Beyond your engagement at the career fair, stay connected on social media by following @AAMCPremed on X, formerly Twitter; on Facebook at facebook.com/aamcpemed; in Instagram at @AAMCtoday; and on LinkedIn at linkedin.com/company/aamc. Join the conversation about Diversifying the Next Generation of Doctors: Career Fair and Workshops using the hashtag #FutureDocs.

We aim to inspire you to remain steadfast in your educational goals and pursue a career in the health professions and science. You will leave the career fair feeling energized and knowing that the AAMC has resources to support you. I am glad you are taking this step to learn more, and I am eager to see what the future holds for you!

David A. Acosta, MD
Chief Diversity and Inclusion Officer
AAMC
Diversifying the Next Generation of Doctors
C A R E E R F A I R A N D W O R K S H O P S

TOMORROW’S DOCTORS, TOMORROW’S CURES
### Agenda

**8:30-9:30 a.m.**  
SCC Tahoma 3/4  

**Get Ready, Get Set, Go: Get Inspired, Do Your Research, Know the Facts**  
College and High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals

**Welcome and Introduction**  
Norma Poll-Hunter, PhD  
Senior Director, Workforce Diversity  
AAMC

**Speakers**
- **Joel Bervell**  
M4, Washington State University Social Media  
Medical Educator, Medical Mythbuster
- **Cate Jackson**  
Senior Communications and Outreach Specialist, AMCAS and ERAS Communications  
AAMC
- **Harold Baker**  
Director, SHPEP • Workforce Diversity  
AAMC

**Session Description**
Mr. Bervell will discuss his journey into medicine, approaches to addressing health inequities and disparities via social media, and general advice. Attendees will also learn about AAMC tools and resources to help navigate the path to medical school, including the AAMC Fee Assistance Program, the MCAT® and PREview® exams, and the AMCAS® application.

**9:30-9:45 a.m.**  

**Break/Transition**
AGENDA

9:45-10:45 a.m.  Amplifying the Voices of Native Learners in Medicine
SCC Skagit 2

College and High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals

Welcome and Introduction
Jason F. Deen, MD
Director, Center for Indigenous Health, and Associate Professor of Pediatrics and Medicine
University of Washington School of Medicine

Speakers
Alessandra Azure
Newport High School

Calysta Bauer, M2
Washington State University Elson S. Floyd College of Medicine

Chantelle Roberts, M2
Washington State University Elson S. Floyd College of Medicine

Shelby Snyder, M2
University of Washington School of Medicine

Session Description
A panel of American Indian and Alaska Native learners whose educational experiences span from high school through medical school will share systems of support and barriers to becoming a #futuredoc. Panelists will provide tips for attendees to use on their journeys and answer questions from the audience.
Diversifying the Next Generation of Doctors
CAREER FAIR AND WORKSHOPS

SCC Tahoma 1/2

Admissions Unveiled: What You Need to Know
College and High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals

Moderator
Lynn Howard
Director of Student Recruitment
Office of Student Experiences
Admissions
Washington State University Elson S. Floyd College of Medicine

Speakers
LeeAnna Muzquiz, MD
Associate Dean for Admissions
University of Washington School of Medicine
Confederated Salish and Kootenai Tribes of the Flathead Reservation in Montana

Mike Woodson, PhD
Director of Admissions
Tulane University School of Medicine

Session Description
Medical school admissions and diversity affairs professionals will offer advice and recommendations about successfully navigating the medical school admissions process.

SCC Yakima 1

Your Pathway to Success in College and Beyond
High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals

Speaker
Sandy Dixon, PhD, LCMHC
Assistant Dean of Student Success and Wellness
Clinical Assistant Professor, Department of Psychiatry and Behavioral Medicine
Brody School of Medicine at East Carolina University

Session Description
So, you want to be a doctor? High school is not too early to figure out how to prepare. Learn tips to help you achieve your dream. We will share lessons learned from our speaker’s experiences preparing for a career in the health professions.
AGENDA

**SCC Chelan 2**

**Careers in Research: How You Can Become a PhD or MD-PhD Professional**
College and High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals

**Speakers**
Julia Omotade, PhD
Senior Science Policy Specialist
AAMC

Jason Wertheim, MD, PhD, FACS
Vice Dean for Research and Graduate Studies
Professor of Surgery (Transplantation)
Professor of Biomedical Engineering
University of Arizona College of Medicine - Tucson

**Session Description**
This session will demystify the career paths and training of PhDs and MD-PhDs. Discover the similarities and differences between careers and the many pathways open to graduates of these programs. Learn about the training provided by both programs and how to become a competitive applicant.

**SCC Skagit 4/5**

**The Road to Financing a Medical Education: Let's Minimize the Bumps!**
College and High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals

**Speaker**
Jessica Le Duc, MS
Associate Senior Director
University of Arizona College of Medicine - Tucson

**Session Description**
This session has been designed to bring financial aid experts to you! Attend this session and learn what prospective medical students (and their families) need to know about the financial aid application process, the types of financial aid available for financing a medical education, and helpful tools and tips all premed students should know when determining how to pay for their medical education.

10:45-11 a.m. **Break**
### AGENDA

**11 a.m.-noon**  
SCC Tahoma 3/4  

**The Medical School Experience: Exploring the Life of Medical Students**  
*High School and College Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals*

**Moderator**  
Erik D. Malmberg, PhD, JD  
Assistant Dean for Equity and Medical Student Engagement  
Associate Teaching Professor, Family Medicine  
University of Washington School of Medicine

**Speakers**  
Charna Kinard  
PGY-0 Resident General Surgery, University of Wisconsin-Madison

Megan Sharpe  
Medical Student, Case Western Reserve University School of Medicine

Danni Yang  
Medical Student, McGovern Medical School at the University of Texas Health Science Center at Houston

**Session Description**  
A panel of AAMC Organization of Student Representatives (OSR) medical students presents this discussion. It shares their experiences preparing for and the journey through medical school thus far.

**Noon-12:15 p.m.**  
Break
### AGENDA

**Admissions Unveiled: What You Need to Know**  
*College and High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals*

**Moderator**  
Lynn Howard  
Director of Student Recruitment  
Office of Student Experiences  
Admissions  
Washington State University Elson S. Floyd College of Medicine

**Speakers**  
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Associate Dean for Admissions  
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Mike Woodson, PhD  
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Medical school admissions and diversity affairs professionals will offer advice and recommendations about successfully navigating the medical school admissions process.

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*High School Students, Parents, Prehealth Advisors, School Administrators, and Other Interested Individuals*

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Diversifying the Next Generation of Doctors
CAREER FAIR AND WORKSHOPS

AGENDA

SCC Chelan 2

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SCC Skagit 4/5

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1:30-4:30 p.m.  
SCC Arch Exhibit Hall 4F

**Recruitment Fair**

Which institutions are a priority on your list? What do you want to know? Are you creating a strategic action plan for visiting recruiters?

Participants will be able to meet with diversity affairs and admissions staff, PhD and MD-PhD program directors, and school administrators. You can discuss preparation for medical school admissions, financial planning, the MCAT exam, and the importance of summer enrichment programs. Visit medical schools that host the Summer Health Professions Education Program and learn about the program’s expectations. Participate in hands-on interactive activities and more! This session is your opportunity to make connections and ask questions.
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equity.uwmedicine.org

Learn about applying to UW School of Medicine at uwmedicine.org/admissions
LSU Health New Orleans School of Medicine

A phenomenal place to learn, train and serve. Explore the wide range of opportunities in our programs. Experience the rich culture and diversity of our communities. To see all we have to offer:

Visit https://www.medschool.lsuhsnc.edu
Interactives: Hands-On Activities to Learn and Play!

**Tables: 1007-1008  SCC Arch Exhibit Hall 4F**

**Which Indigenous Lands Are You On?**

Christina Uh  
Outreach and Recruitment Program Manager

Jeremiah Wistrom  
Communications Coordinator  
The Northwest Native American Center of Excellence (NNACoE), Oregon Health & Science University

Stop by the NNACoE table to learn more about our mission of increasing American Indian and Alaska Native representation in medical, dental, and nursing school. Hear more about the resources and initiatives we offer and learn which Indigenous lands you are on.

**Tables: 1050-1051  SCC Arch Exhibit Hall 4F**

**Clinical Skills Experience: Bone Marrow Biopsy Procedure**

David A. Garcia, MD  
Professor, Hematology and Medicine  
University of Washington School of Medicine  
Fred Hutchinson Cancer Center

Attendees will gain hands-on experience in performing a real bone marrow biopsy procedure. They will learn the importance of this procedure, why it’s done, and what the bone marrow aspiration that is drawn out tells the hematologist about the patient’s medical condition. Attendees will learn about the medical specialty of hematology and the training that is involved for those that seek a dynamic and robust specialty area of practice. Don’t miss this exciting opportunity!

**Table: 1053  SCC Arch Exhibit Hall 4F**

**How Sounds Can Tell Us About What Is Going on in Our Bodies: Ultrasounds and Blood Pressure Cuffs**

Anthony Williams, MD  
Robert Larner, M.D., College of Medicine at the University of Vermont

Experience two ways that doctors use sound to learn about their patients. You will have the opportunity to learn how to take your blood pressure by listening through a stethoscope and then also visualize blood flow using a portable ultrasound device.

**Tables: 1070-1071, 1084-1085  SCC Arch Exhibit Hall 4F**

**Ultrasound With Phantom Models**

Kelsey Morrison, PhD, M2  
Washington State University Elson S. Floyd College of Medicine

Ultrasound machines generate two-dimensional images of tissues and organs by sending ultrasound waves into the body. A handheld transducer is applied to the skin, sending ultrasound waves and receiving them back as echoes. You will look into phantom models to locate different shapes at this station.
INTERACTIVES: HANDS-ON ACTIVITIES TO LEARN AND PLAY!

**Resusi Anne Simulation**  
Megan Fine, M2  
Washington State University Elson S. Floyd College of Medicine

Resusi Anne helps elevate CPR training to a new level of precision and proficiency. Professional first responders can perfect individual skills and teamwork by training with the same protocols, equipment, and techniques used in real emergencies.

**Saw Bones Orthopedic Kits**  
Nicolas McDonald, M2  
Washington State University Elson S. Floyd College of Medicine

Orthopedic surgery is a field dedicated to preventing, diagnosing, and treating disorders of the bones, ligaments, tendons, joints, and muscles. While many orthopedic surgeons are generalists, others may choose to subspecialize in a specific body area such as the hip and knee, foot and ankle, hand, shoulder and elbow, and spine. At this station, you can do hands-on activities with saw-bone kits that include learning how to repair tears in bones, the anatomy of a knee injury, and the functional anatomy of the hand.

**Code Blue! Experience the Doctor for a Day (DFAD) Program Guided by an Anesthesiologist and Practice CPR**  
Nathalia Jimenez, MD, MPH  
Professor Anesthesiology and Pain Medicine, Anesthesiology and Pain Medicine Department, University of Washington School of Medicine

Have a hands-on activity at the DFAD table hosted by the anesthesiology department at the University of Washington. Faculty, residents, and medical students will guide you through a CPR simulation in which you will have the opportunity to ventilate and intubate a mannequin. You will also have the opportunity to ask questions about a career in medicine at the University of Washington.
The Summer Health Professions Education Program (SHPEP) is a transformative summer experience for students interested in the health professions. Formerly known as the Summer Medical and Dental Education Program (SMDEP), SHPEP has been shaping careers and changing the lives of premedical and predental college students for over 30 years. Now, in addition to dentistry and medicine, the program offers opportunities to explore other health careers, including nursing, optometry, pharmacy, physical therapy, and public health.

The **FREE six-week summer enrichment program** prepares college students for a career in the health professions by enhancing their academic proficiency and providing career development opportunities. Participation in SHPEP may better position students for acceptance into advanced-degree programs.

**APPLICATION OPENS**

**NOV. 1**

**APPLICATION DEADLINE**

**FEB. 5**

*Application dates are subject to change. Please visit shpep.org for the most up-to-date information.

**What are the benefits of this FREE program?**

**Program includes:**

- A stipend.
- Guidance from current admissions deans, health professionals, students, and SHPEP alumni about how to pursue their profession of interest.

**To be eligible, you must:**

- Be a U.S. citizen, a permanent resident, or an individual granted deferred action for childhood arrivals (DACA) status by the U.S. Citizenship and Immigration Services.
- Be a college freshman or sophomore at the time of application.
- Have a minimum GPA of 2.5.
- Identify with a group that is underrepresented in the health professions.

Learn more at [shpep.org](http://shpep.org).
FLOOR PLAN

Diversifying the Next Generation of Doctors
CAREER FAIR AND WORKSHOPS

SHPEP is working toward building a Culture of Health* that will enable all to live longer, healthier lives now and for generations to come. The SHPEP prehealth scholars are inspired to become tomorrow's change leaders in their local communities and throughout the nation.

SHPEP is a national program funded by the Robert Wood Johnson Foundation with direction and technical assistance provided by the AAMC (Association of American Medical Colleges) and ADEA (American Dental Education Association).

• Academic enrichment in the basic sciences and math.
• Career development activities.
• Learning and study skills workshops.
• Virtual clinical experiences.
• Workshops in financial planning and health policy.
• Interprofessional education that addresses effective collaboration across health professions.

What types of activities will students participate in during SHPEP?

*Refer to evidenceforaction.org/what-culture-health.
Help Build a Culture of Health

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- Learning and study skills workshops.
- Virtual clinical experiences.
- Workshops in financial planning and health policy.
- Interprofessional education that addresses effective collaboration across health professions.

Visit shpep.org for more information about the program and how to apply.
Medical Schools, Health Professions, Student Organizations, and AAMC Services

LCME-accredited medical schools, continued. If an institution was unable to attend this event, their table section remains blank.
*(SHPEP) refers to schools that participate in the Summer Health Professions Education Program. Learn more at shpep.org.

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<td>@USACollegeofmed</td>
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<td>University of Alabama at Birmingham Marnix E. Heersink School of Medicine *(SHPEP)</td>
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<td>@dgsomucla</td>
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Diversifying the Next Generation of Doctors
CAREER FAIR AND WORKSHOPS

LCME-accredited medical schools, continued. If an institution was unable to attend this event, their table section remains blank.
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Diversifying the Next Generation of Doctors
CAREER FAIR AND WORKSHOPS

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<td>@UofUMedicine</td>
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<tr>
<td>Vermont</td>
<td>Robert Larner, M.D. College of Medicine at the University of Vermont</td>
<td>@UVMLarnerMed</td>
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<tr>
<td>Virginia</td>
<td>Eastern Virginia Medical School</td>
<td>@EVMSedu</td>
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<tr>
<td></td>
<td>University of Virginia School of Medicine</td>
<td>@MedicineUVA</td>
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<tr>
<td></td>
<td>Virginia Commonwealth University School of Medicine</td>
<td>@VCUHealth</td>
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<tr>
<td></td>
<td>Virginia Tech Carilion School of Medicine</td>
<td>@vtcsom</td>
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<tr>
<td>Washington</td>
<td>University of Washington School of Medicine</td>
<td>@UWMedicine</td>
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<td>@MUSOMWV</td>
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<td>Medical College of Wisconsin</td>
<td>@MCWMedSchool</td>
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<tr>
<td></td>
<td>University of Wisconsin School of Medicine and Public Health</td>
<td>@UWSMPH</td>
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Below you will find other health professions and student organizations and AAMC services in attendance.

### Health Professions

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<tr>
<th>Health Professions</th>
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<tr>
<td>American Association of Colleges of Osteopathic Medicine (AACOM)</td>
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<td>American Association of Native American Medical Students (AANAMS)</td>
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<tr>
<td>American Society of Hematology</td>
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<td>Northwest Native American Center of Excellence (NNACoE), Center of Excellence,</td>
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<td>Oregon Health &amp; Science University</td>
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<td>Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine</td>
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<td>Pre-Health Shadowing</td>
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<td>Shoreline Community College</td>
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<td>Student National Medical Association (SNMA)</td>
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### AAMC Services

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<tr>
<td>AAMC Premed Services</td>
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<tr>
<td>Summer Health Professions Education Program (SHPEP) National Office</td>
<td>@SHPEPconnect</td>
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</table>
Diversifying the Next Generation of Doctors

CAREER FAIR AND WORKSHOPS

AAMC RESOURCES

Explore the Possibilities in Medicine!

#FutureDocs

Association of American Medical Colleges

AAMC Services and Resources for Students Interested in a Career in Medicine
aamc.org/students

AMCAS® Service
aamc.org/amcas

Aspiring Docs® Resources
aamc.org/aspiringdocs

Careers in Medical Research
aamc.org/phd
aamc.org/mdphd

Careers in Medicine® Resources
aamc.org/careersinmedicine

Diversity
aamc.org/diversity

Enrichment Programs
services.aamc.org/summerprograms

Fee Assistance Program
aamc.org/fap

Financial Information, Resources, Services, and Tools
aamc.org/FRST

MCAT® Exam
aamc.org/mcat

Medical Career Fairs
students-residents.aamc.org/medical-careers/
medical-career-fairs

Medical School Applicants, Matriculates, and Graduates
aamc.org/data/facts

Medical School Admission Requirements™
aamc.org/msar

Advancing Diversity in Medicine
aamc.org/students/diversity

Minority Medical Applicant Registry
aamc.org/medmar

Postbaccalaureate Programs
aamc.org/postbac

Publications
aamc.org/publications

Summer Health Professions Education Program
shpep.org

United States MD-Granting Medical Schools
services.aamc.org/30/msar/home

@AAMCPreMed
facebook.com/AAMCPreMed

23:03H (10/23)
EDI supports our member institutions’ equity, diversity, and inclusion efforts within the following portfolios:

The **Workforce Diversity** portfolio is a catalyst for the development of a diverse, culturally responsive health care workforce that is prepared to address societal health needs. Through the development of research, programs, and strategic partnerships, the portfolio strives to inspire the next generation of physicians, faculty, and leaders and facilitate an accessible and inclusive pathway to a career in health care and academic medicine.

The **Organizational Inclusion and Development** portfolio helps learning and workplace environments achieve inclusive cultures and emerge as equity-minded medical schools, teaching hospitals, and health systems. We serve our members by promoting and assisting in strategy development and implementation of equity, diversity, and inclusion initiatives, providing leadership and professional development, climate and culture assessment tools, interventions, and resources, and disseminating research and data to inform decision-making and best practices.

The **Equity and Social Accountability** portfolio creates and champions solutions with multidisciplinary partners and our communities to advance equity, racial justice, population health, and accountability through a continuous equity improvement lens. We will assist the academic medicine community in becoming anti-racist leaders who acknowledge and understand systemic racial inequities and cultivate evidence-based policies and practices that promote racial justice and equity in our communities, education and research institutions, and health care systems.

For additional information, please visit [aamc.org/diversity](http://aamc.org/diversity).
The SCOTUS Decision on Race-Conscious Admissions and Implications for Academic Medicine

On June 29, 2023, the U.S. Supreme Court (SCOTUS) ruled on two cases — Students for Fair Admissions v. Harvard and Students for Fair Admissions v. University of North Carolina — concerning the consideration of an applicant’s racial or ethnic background in the higher education admissions process. In both cases, the lower courts had upheld the schools’ processes. The Supreme Court has reversed the lower courts’ decisions in the Harvard and UNC cases.

My Story Matters: Diversity Impacts Health Care | AAMC
AAMC RESOURCES

AAMC Group on Student Affairs (GSA) Committees on Admissions and Student Diversity Affairs

The AAMC Group on Student Affairs (GSA) Committee on Admissions (COA) provides guidance on national policy and procedural issues regarding the admission of students to medical school and the admission of transfer students or candidates with advanced standing. The COA acts as the voice of the admissions community when the AAMC considers issues and policies related to application and admission to medical school.

The GSA Committee on Student Diversity Affairs (COSDA) provides local, regional, and national guidance on medical student diversity with respect to student recruitment, admission, matriculation, retention, support, and transition to residency to increase the equity and diversity of the health care workforce. COSDA represents the interests of medical schools and medical students in the area of diversity affairs through the Student Diversity Affairs Representatives.

How we help
As admissions and student diversity affairs professionals, we work to advance a holistic approach to diversity, equity, and inclusion so that all of our medical students successfully thrive across the undergraduate medical education continuum.

We are particularly mindful of applicants and students who represent all aspects of learner diversity, including those who are underrepresented in medicine, those from different geographic and socioeconomic backgrounds, those with disabilities, members of the LGBT community, and others with unique pathways to medical school.

Your success is important to us!

Where to find us
To learn more and access admission and student diversity affairs resources, please visit aamc.org/career-development/affinity-groups/gsa.
The Official Guide to Medical School Admissions

HOW TO PREPARE FOR AND APPLY TO MEDICAL SCHOOL

What is the MSAR?
The Medical School Admission Requirements (MSAR) guide provides resources that guide you through the admission process. The AAMC comprehensively updates its guides annually to provide the most up-to-date, accurate, and trusted information and data.

The 2023 update of the Medical School Admission Requirements for U.S. and Canadian Medical Schools website is now live. This online database contains the most recent LCME, AMCAS, and MCAT data. You can browse, search, sort, and compare information about individual U.S. and Canadian medical schools, BS-MD programs, and more.

Special offer for the first 350 college students at the Diversifying the Next Generation of Doctors: Career Fair and Workshops

• Participants will receive an email from the AAMC with an electronic token that can be redeemed for a complimentary one-year MSAR subscription
• Participants will have 28 days to activate the issued token.
• Once the token is redeemed, access is valid for one year.

Use these AAMC official resources to research your questions about individual medical schools. It’s another chance to explore the opportunities in medicine and science!

For additional information, please visit aamc.org/MSAR
AAMC Organization of Student Representatives (OSR)

The Organization of Student Representatives (OSR) fulfills a unique role among medical student organizations. As part of the AAMC, it provides all United States M.D. medical students with a voice in the nation’s largest association dedicated solely to the advancement of academic medicine. The OSR provides medical students with an active role in achieving AAMC’s mission to improve the nation’s health through the advancement of academic medicine. Additionally, the OSR seeks to ensure that students actively participate in directing their educations, preserving their rights, and delineating their professional responsibilities. To this end, the OSR provides medical students with a voice in academic medicine at a national level and strives to foster student involvement and awareness in this arena at a local level.

OSR Strategic Goals

- To provide medical student input on issues addressed by the AAMC and by state and federal governments that impact student education, quality of life, or professional development.
- To develop and implement OSR initiatives and aid in the development and implementation of AAMC initiatives.
- To facilitate communication between student bodies of different medical schools and between medical student organizations regarding issues relevant to medical student life and education.
- To encourage education techniques and objectives that provide medical students with the intellectual skills, professional standards, and knowledge required to meet the needs of an evolving health care system.
- To assure a safe, supportive learning environment free of abuse, unreasonable health risks, bias, and inequities.
- To assure that all medical students possess equal freedom and opportunity to pursue the career directions of their choice.
- To advance the development of leadership skills among medical students through participation in local and national OSR positions.

OSR National Priorities

- Student finances and the cost of medical education.
- Transition to residency.
- Wellness and resilience.
- Diversity, inclusion, and retention.
- Government relations and student advocacy.
- Educational practices and innovations.
- Humanism in medicine.
- Professional development and collaboration.

About the OSR Community and Diversity Committee

The OSR Community and Diversity Committee promotes cultural awareness, community service, and diversity within medical education.
Things I Wish I Had Known Before I Started Medical School

Advice from the AAMC OSR

In high school:
- Seek advice from college counselors; if one specializes in health professions, use that knowledge.
- Take advantage of summer to work in a clinic or hospital to get a sense of what life is really like in that field.
- Explore other fields; doctors must know a lot more than just biology.
- Pick a college where you think you will be happy and engaged, not just a big name.
- Register for AspiringDocs.org.

In college:
- You don’t have to be a biology major or even a science major; study what you’re passionate about.
- Participate in summer enrichment programs or summer research opportunities.
- Even if you’re not sure about med school, take advantage of resources like mock interviews or premed advisors.
- Learn outside the library: play a sport, get involved in theater, volunteer, or learn more about issues you’re passionate about.
- BUT — don’t just do stuff to pad a resume; it’s easy to tell if not you’re really into it.
- Whatever you do, do it well!
- Register for AspiringDocs.org.

“If you love philosophy of anthropology or English or foreign language, consider majoring in something other than biochemistry or neurophysiology! You’d be surprised at how the skills you’ll acquire while pursuing these interests will relate to your medical education later on.”
- Anne Bowman, UVA

“Being unique is something that everyone is, but putting it into words can be hard. Don’t give up trying to write and define it when applying to college and med school.”
- Joseph Pare, UVM

“Becoming a doctor is a long road. Make sure that you get in the habit of taking time to pursue other interests and cultivate your relationships with family and friends.”
- Jonathan Wortham, Baylor

“Medicine is all about the journey, not the destination.”
- Erick Cheung, resident, UCLA

MCAT success:
- Practice, practice, practice! Do practice exams and problems as much as you can.
- It’s about more than just knowing the material; test-taking skills and endurance are key.
- Take advantage of free online MCAT practice exams.

Applying to medical school:
- The only certainty in the application process is that you cannot get in if you do not apply.
- Apply early! A lot of schools have rolling admissions, which can be a big advantage.
- Apply to a lot of places.
- Consider taking time after college to do something else; it can make you a better applicant AND make you appreciate school.
- At your interviews, ask each school about grading systems, planned curriculum changes, and out-of-state tuition.
- Be prepared for questions about extracurricular involvement and what you learned.
- Get recommendations from faculty who know you well before you graduate, even if you’re not sure you want to go to med school.
- Do not be discouraged by the cost of medical school; most students receive financial aid to help pay for it.

Life as a medical student:
- Keep your priorities straight; your grades and boards do not define you as a person.
- Beware of neurotic classmates.
- Find friends and mentors who share your values and keep each other grounded.
- Not everyone is in medicine for the same reasons; don’t let it discourage you if your ethics differ from classmates, doctors, and others.
AAMC RESOURCES

Medical Minority Applicant Registry (Med-MAR)

The Medical Minority Applicant Registry (Med-MAR) enhances outreach to applicants from groups historically underrepresented in medicine. Medical school applicants who self-identify as being from groups historically underrepresented in medicine or who are economically disadvantaged can elect to participate in Med-MAR.

You can register to participate in the Med-MAR registry during MCAT registration. When registering for the MCAT exam, the applicant will be prompted to accept or reject participation in the Med-MAR registry. This is the only time an applicant will be asked about this.

What are the selection criteria?
You are eligible if: (a) you are a U.S. citizen, permanent resident visa holder, or have been granted refugee/asylum or Deferred Action for Childhood Arrivals (DACA) status by the U.S. government; and (b) you are economically disadvantaged or of low socioeconomic status, or you self-identify as a member of a racial or ethnic group historically underrepresented in medicine (African American/Black, Hispanic/Latino, American Indian/Alaska Native, or Native Hawaiian/Pacific Islander).

What applicant information is included in Med-MAR?
If you choose to participate in the MCAT Recruiting Service, you authorize the AAMC to release the applicant’s name, address, age, gender, state of residence, undergraduate college, undergraduate major, group identification, email address, and MCAT scores are made available to participating U.S. medical schools attempting to increase outreach to potential applicants from groups historically under-represented in medicine and economically disadvantaged.

Why should I register for Med-MAR?
Med-MAR is designed to give medical schools the opportunity to reach out to potential applicants who are historically underrepresented in medicine or economically disadvantaged. Registering for Med-MAR gives you the opportunity to engage these institutions and broaden your application options.

Your participation and personal information will be shared with participating U.S. medical schools for recruitment purposes.

For additional information please visit aamc.org/medmar.
Diversifying the Next Generation of Doctors  
CAREER FAIR AND WORKSHOPS

PREPARING FOR, APPLYING TO, AND FINANCING PHD OR MD-PHD PROGRAMS IN BIOMEDICAL RESEARCH

PhD Programs in the Biomedical Sciences

The PhD degree in biomedical science is your gateway from college to an exciting career of discovery in science. These new discoveries will be applied to the prevention and treatment of human diseases. PhD program graduates use their knowledge and training in a variety of settings.

What can I be with a PhD?
Biomedical scientists carry out multidisciplinary research to learn about the functioning of molecules, cells, organisms, and populations. The discoveries they make are then applied to understanding how living organisms develop and function throughout their life spans and to diagnose, prevent, and treat human diseases.

Biomedical scientists work in a variety of settings, including:

- Academic research institutions.
- Pharmaceutical and biotechnology companies.
- Government agencies.
- Law firms.
- Philanthropic/nonprofit organizations.

How can I earn a PhD?
What do I need to do during college?
- Take basic and advanced science courses.
- Engage in undergraduate research.
- Seek summer research internships.
- Prepare for and take the Graduate Record Examination (GRE).

What materials will I need to apply?
- Personal statement: Highlight your research experience and career goals.
- Letters of recommendation: The most effective letters come from your research mentors.
- Transcripts: Good grades matter, especially in science courses.
- GRE general test scores.

What should I look for in graduate programs?
- Opportunities for research related to your science interests.
- Successful research faculty and graduate students who:
  - Publish papers.
  - Obtain grant funding.
  - Attend scientific meetings.
- Collaborative environment.
- Challenging curriculum.
- Career counseling.

What funding options are available?
Most programs provide:
- A stipend that covers your living expenses, student fees, and books.
- Tuition support and fellowship opportunities.
- Health insurance.

Where can I earn a PhD?
Check out biomedical science PhD programs available at medical schools at aamc.org/phd
MD-PhD Programs in the Biomedical Sciences

MD-PhD programs provide training in both medicine and research. There is a critical need for physicians who are well-trained in a broad range of research disciplines. Graduates of MD-PhD programs often become faculty members at medical schools, universities, and research institutes.

What can I be with an MD-PhD?
MD-PhD program graduates will spend their time doing research in addition to caring for patients. The MD-PhD dual career is challenging and rewarding and offers opportunities to help many people by advancing knowledge, developing new treatments for diseases, and pushing the boundaries of the unknown.

What are the program goals?
MD-PhD programs seek students with integrity, maturity, and leadership potential. Applications are evaluated based on the following criteria:

• Create integrated graduate and clinical training experiences.
• Encourage and support students who are passionate about the bridge between science and medicine.
• Prepare students for careers as physician scientists and leaders in academic medicine.

What are the criteria for acceptance?
MD-PhD programs seek students with integrity, maturity, and leadership potential. Applications are evaluated based on the following criteria:

• Research experiences.
• Academic record.
• Experiences in the health field, including community work.
• Personal statements.
• Recommendations from research mentors.
• Extracurricular activities.
• Life experiences.
• MCAT scores.

MD-PhD programs encourage applicants to obtain rigorous research experience for one or more academic years and summers.

What funding options are available?
Most institutions provide financial support to MD-PhD students during their medical and graduate school training. Some of these programs are funded by competitive training grants awarded as part of the Medical Scientist Training Program (MSTP) at the National Institute of General Medical Sciences of the National Institutes of Health (NIH). There are over 100 MD-PhD training programs nationwide available at degree-granting institutions, and more than 40 are supported by MSTP grants.

This support generally includes:

• Cost of living stipend for all or part of the years of training.
• Full or partial tuition assistance.

Where can I earn an MD-PhD?
Check out MD-PhD programs at aamc.org/mdphd.
PREPARING FOR, APPLYING TO, AND FINANCING PHD OR MD-PHD PROGRAMS IN BIOMEDICAL RESEARCH

AAMC Group on Research, Education, and Training

The AAMC Group on Research, Education, and Training (GREAT) enhances the medical research scientist pathway by educating high school and college students, prehealth advisors, and parents and guardians about the whole spectrum of biomedical careers and advising on preparation and application processes.

GREAT serves as a national forum to help PhD, MD-PhD, and postdoctoral training programs recruit and educate successful biomedical researchers. PhD and MD-PhD program faculty and leadership consider diversity in ethnic backgrounds, cultures, perspectives, and life experiences essential to the attainment of excellence in research, education, and health care. These leaders are devoted to increasing the number of biomedical scientists of diverse backgrounds in our research and education community. GREAT PhD and MD-PhD representatives are engaged in outreach to undergraduate students interested in careers in medical research and their advisors and focus on populations underrepresented in medicine and science. They present workshops at regional and national meetings, including the NIH Graduate Career Fair, Annual Biomedical Research Conference for Minority Students, Society for Advancement of Chicanos and Native Americans in Science, AAAS Emerging Research National Conference, and the AAMC Diversifying the Next Generation of Doctors: Career Fair and Workshops.

Additional resources
NIH-funded research opportunities for students underrepresented in medicine and science: nigms.nih.gov/minority

Visit aamc.org/phd for more information about:

- Tools for PhD Applicants
- Workshops for Prospective PhD and MD-PhD Applicants
- Financing Your Graduate Education
- Why Pursue a PhD in Biomedical Science?
- Coursework for Prospective PhD Candidates
- Predoctoral Programs by School
- Milestones During Graduate School
- Postdoctoral Programs by School
- Career Paths for Graduates

Learn more about GREAT at aamc.org/members/great

Visit aamc.org/mdphd for more information about:

- Workshops for Prospective PhD and MD-PhD Applicants
- Tools for MD-PhD Applicants
- Why Pursue an MD-PhD?
- Career Paths for MD-PhD Graduates
- Education and Training in MD-PhD Programs
- Financial Support for MD-PhD Trainees
- FAQ About MD-PhD Programs and Careers
Thinking about a career in medicine? The AAMC can help.

If you’re considering a future as a medical professional, the AAMC has resources and information to support your journey, wherever you are in the process.

• Sign up for the Premed Navigator. This monthly newsletter is full of essential tips, tools, and information: aamc.org/premednavigator.

• Be inspired by Aspiring Docs: a curated collection of videos, stories, fact sheets and blog posts from premeds, medical students, residents and admissions staff.: aamc.org/aspiringdocs.

• Learn more about preparing for and taking the MCAT exam at aamc.org/mcat.

• Apply to the Summer Health Professions Education Program (SHPEP) for an unparalleled summer opportunity: shpep.org.

• Apply for the AAMC Fee Assistance Program. Those eligible can receive a $2,000+ benefit that includes complimentary or reduced cost MCAT® prep materials, MCAT registration, MSAR® subscription, and AMCAS® application fees: aamc.org/fap.

• Review our Medical School Application and Acceptance Timeline to help plan your path to medical school: aamc.org/applicationtimeline.

• Evaluate which medical school(s) are the best fit for you with a subscription to Medical School Admissions Requirements™ (MSAR®). aamc.org/msar.

• Learn about options to pay for medical school with FIRST: aamc.org/FIRST.

Learn more at aamc.org/students.
AAMC Fee Assistance Program (FAP)

This AAMC program provides financial assistance to eligible MCAT® examinees and AMCAS® applicants.

Benefits: Key benefits include a reduction in MCAT and PREview® exam registration fees, AMCAS® application fee waiver, complimentary access to MCAT Official Prep products and the Medical School Admissions Requirements (MSAR®) website and more.

In addition, most AMCAS-participating medical schools waive their secondary application fees for applicants who have been granted fee assistance by the AAMC. For a complete listing of program benefits, visit: aamc.org/fap.

Eligibility: Applicants with a U.S. address may be eligible if each household has a total family income that is 400% or less than the national poverty level for that family size. Complete details online.

Benefits Expiration Dates: Your FAP benefits expire on Dec. 31 of the year following your approval.

Apply: To learn more about this program and to submit your application, visit aamc.org/fap.
FIRST (Financial Information, Resources, Services, and Tools)

Paying for medical school may be one of the biggest challenges that aspiring doctors face. FIRST provides unbiased and reliable guidance about paying for medical school, managing money, and successfully repaying your student loans. FIRST resources include:

**FIRST Fact Sheets:** Read short articles about many different topics, like financing medical school, money management, all about loans, preparing for residency, loan forgiveness, loan repayment assistance programs, and loan repayment.

**FIRST Friday Webinars and Videos:** Sign up for an upcoming live webinar conducted by an AAMC financial expert or watch a video. These resources are designed to help students make informed and savvy financial decisions.

**MedLoans® Organizer and Calculator (MLOC):** Provides a secure location to organize and track student loans while also displaying repayment plans and costs based on the borrower’s student loan debt (free to current medical students).

**AAMC Financial Wellness:** An AAMC program providing free financial calculators, articles, and videos to help you create a budget, track your spending, create financial goals, and enhance your financial knowledge about credit, financial planning and money management.

Access FIRST resources:

aamc.org/first
How to Prepare for and Apply to Medical School

2023
Official Guide to Medical School Admissions
How to Prepare for and Apply to Medical School

aamc.org/msar

Association of American Medical Colleges
Stay informed: Sign up for the AAMC Premed Navigator

Guiding you on your path to medical school, the AAMC Premed Navigator is a monthly email that features important topics, resources, tips, and key dates for aspiring physicians.
The AAMC PREview® Professional Readiness Exam

The AAMC PREview® professional readiness exam, formerly called the AAMC Situational Judgment Test, allows you to showcase your readiness to learn about issues related to professionalism in medical school to admissions officers. The PREview exam provides medical schools with a more complete view of each applicant by assessing skills beyond the usual academic metrics, such as resilience, service orientation, ethics, cultural competence, and teamwork.

On the AAMC PREview portion of the Students and Residents website, you can:
- Learn about the eight pre-professional core competencies measured by the AAMC PREview exam
- Locate eligibility and registration information
- View all participating U.S. medical schools
- Prepare for the AAMC PREview exam with free resources
- Understand how the AAMC PREview exam is scored and how your score is shared with medical schools
- Walk through an AAMC PREview test day, so that you know what to expect and what is expected of you

You can also contact the AAMC PREview team:
- Email: askPREview@aamc.org
- Phone: 202-540-5457
Notes
Notes
Notes
Notes
The Summer Health Professions Education Program (SHPEP) is a transformative summer experience for students interested in the health professions. Formerly known as the Summer Medical and Dental Education Program (SMDEP), SHPEP has been shaping careers and changing the lives of premedical and predental college students for over 30 years. Now, in addition to dentistry and medicine, the program offers opportunities to explore other health careers, including nursing, optometry, pharmacy, physical therapy, and public health.

The **FREE six-week summer enrichment program** prepares college students for a career in the health professions by enhancing their academic proficiency and providing career development opportunities. Participation in SHPEP may better position students for acceptance into advanced-degree programs.

### What are the benefits of this FREE program?

**Program includes:**

- A stipend.
- Guidance from current admissions deans, health professionals, students, and SHPEP alumni about how to pursue their profession of interest.

### To be eligible, you must:

- Be a U.S. citizen, a permanent resident, or an individual granted deferred action for childhood arrivals (DACA) status by the U.S. Citizenship and Immigration Services.
- Be a college freshman or sophomore at the time of application.
- Have a minimum GPA of 2.5.
- Identify with a group that is underrepresented in the health professions.

Learn more at [shpep.org](http://shpep.org).
AAMC
Equity, Diversity, and Inclusion

Norma Poll-Hunter, PhD
Senior Director, Workforce Diversity

Angela R. Moses
Manager, Diversity and Inclusion Programs and Resources

Alysia L. Rieves
Administrative Coordinator

For more information:
careerfair@aamc.org