



## Prepare for the MCAT® Exam

Preparing for the MCAT® exam takes time and dedication. Balancing your preparation with an already busy schedule can be a challenge. The AAMC has resources and practice products to help you no matter where you are in the preparation process. Visit [aamc.org/mcat](https://aamc.org/mcat) to access our resources:

**How to Create a Study Plan for the MCAT® Exam:** Download a free six-step guide, developed by the MCAT team at the AAMC, to help you create your own study plan. The best study plan is one that is tailored to your personal learning style and schedule. This guide can help you make the most effective use of your MCAT study time!

**Free Planning and Study Resources:** The AAMC offers free study resources, including a sample test, sample question guide, the Practice with Exam Features tool, tips from prior examinees and more.

**Khan Academy MCAT Video Collection:** A collection of 1,100 videos and 3,000 review questions to help you study. This collection was created by Khan Academy with support and funding from the AAMC and the Robert Wood Johnson Foundation.

**AAMC MCAT Official Prep Products:** Learning through practice is key when it comes to the MCAT® exam. Prepare for the exam with AAMC MCAT Official Prep products written by the test developers.

