

Resources for Preparing for the MCAT® Exam



Medical College Admission Test® (MCAT)

aamc.org/mcat

- **MCAT Official Prep Free Study and Planning Resources:** Learn about the free MCAT Official Prep resources that the AAMC offers to help you study.
- Sign in to the **MCAT Official Prep Hub** to access your MCAT practice products and free resources, or purchase new products.
- **How to Create a Study Plan for the MCAT Exam:** Get a six-step guide, developed by the AAMC and a learning specialist, to help you create your own study plan.
- **MCAT Official Prep YouTube Playlist:** Watch videos about our free resources, strategies for how to prepare for the MCAT exam, and more.
- **MCAT Essentials:** This resource includes registration instructions, test-day policies, scoring details, and suggestions to help you prepare for the MCAT exam.
- Follow us on Twitter [@AAMC_MCAT](https://twitter.com/AAMC_MCAT).

AAMC Information and Resources

- **Premed Resources:** Find recorded webinars, a calendar of premed events, and other resources to guide you on your journey to medical school.
- **Fee Assistance Program:** The AAMC Fee Assistance Program assists those who, without financial assistance, would be unable to take the MCAT exam or apply to medical schools that use AMCAS®. The benefits include discounted fees, free MCAT Official Prep products, and more.
- **Financial Information, Resources, Services, and Tools (FIRST):** FIRST provides you with unbiased and reliable guidance about paying for medical school, managing money, and successfully repaying your student loans.
- **Summer Enrichment and Pipeline Programs:** Search summer enrichment and pipeline programs.
- **Premed Navigator:** This monthly newsletter features important topics, resources, tips, and key dates for aspiring physicians.
- **Aspiring Docs:** Learn how to get health care-related experience and prepare for the application process. Get inspired by personal stories from medical students, residents, and physicians.
- **Anatomy of an Applicant:** Learn more about what it means to demonstrate the Core Competencies in applying to medical school.

Medical School Admission Requirements™ (MSAR®)

aamc.org/msar

The Medical School Admission Requirements™ (MSAR®) is an online database that enables you to browse, search, sort, and compare information about U.S. and Canadian medical schools and BS/MD programs, and more. Here you'll find [premed worksheets](#), information about [acceptable MCAT test administration dates](#), and the free *2022 Official Guide to Medical School Admissions: How to Prepare for and Apply to Medical School*.

American Medical College Application Service® (AMCAS®)

aamc.org/amcas

The American Medical College Application Service® (AMCAS®) is the AAMC's centralized medical school application processing service. Most U.S. medical schools use AMCAS as the primary application method for their first-year entering classes.

OTHER INFORMATION AND RESOURCES

NAAHP Find an Advisor

naahp.org/public-resources/student-resources/find-an-advisor

If you do not have access to a premedical or prehealth professions advisor, submit a request to be connected with a volunteer advisor at an institution from around the country.

MCAT® is a program of the Association of American Medical Colleges

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