Worksheet 4.1
Identifying Premed and Application Programs

Use this worksheet to identify programs you may be eligible for. Many programs primarily sponsored by medical schools are available to students across the United States. You can start searching at services.aamc.org/summerprograms and ExploreHealthCareers.org, and then use this worksheet to figure out your options.

**Before the Application Process**

**For example:** Summer Health Professions Education Program (SHPEP)

Description: Six-week academic enrichment program that offers students both academic and career experiences that will support their dental or medical school career preparation. For more information, go to shpep.org.

Eligibility: __________________________________________________________

Which academic year(s) would I be eligible to participate?: __________________________

When am I eligible to apply?: __________ Application deadline: __________

Accepts out-of-state?: □ Yes □ No □ Other: __________________________

Application requirements: ________________________________________________________________________________
________________________________________________________________________________________

**During the Application Process**

**For example:** Medical Minority Applicant Registry (Med-MAR)

Description: During the MCAT registration, students who are either economically disadvantaged or from racial and ethnic groups historically underrepresented in medicine can select the Medical Minority Applicant Registry (Med-MAR). This web-based program provides medical schools with basic biographical information and MCAT scores of registered examinees, giving schools opportunities to enhance their diversity efforts. For more information, go to aamc.org/medmar.

Eligibility: __________________________________________________________

Which academic year(s) would I be eligible to participate?: __________________________

When am I eligible to apply?: __________ Application deadline: __________

Accepts out-of-state?: □ Yes □ No □ Other: __________________________

Application requirements: ________________________________________________________________________________
________________________________________________________________________________________

**During the Application Process**

Program: __________________________

Description: ________________________________________________________________________________

Eligibility: __________________________________________________________

Which academic year(s) would I be eligible to participate?: __________________________

When am I eligible to apply?: __________ Application deadline: __________

Accepts out-of-state?: □ Yes □ No □ Other: __________________________

Application requirements: ________________________________________________________________________________
________________________________________________________________________________________