

Worksheet 4.1

Identifying Premed and Application Programs

Use this worksheet to identify programs you may be eligible for. Many programs primarily sponsored by medical schools are available to students across the United States. You can start searching at [Summer Enrichment and Pipeline Programs](#) and [ExploreHealthCareers.org](#), and then use this worksheet to figure out your options.

Before the Application Process

For example: Summer Health Professions Education Program (SHPEP)

Description: Six-week academic enrichment program that offers students both academic and career experiences that will support their dental or medical school career preparation. For more information, go to [shpep.org](#).

Eligibility: _____

Which academic year(s) would I be eligible to participate? _____

When am I eligible to apply? _____ Application deadline: _____

Accepts out-of-state? ☐ Yes ☐ No ☐ Other: _____

Application requirements: _____

During the Application Process

For example: Medical Minority Applicant Registry (Med-MAR)

Description: During the MCAT registration, students who are either economically disadvantaged or from racial and ethnic groups historically underrepresented in medicine can select the Medical Minority Applicant Registry (Med-MAR). This web-based program provides medical schools with basic biographical information and MCAT scores of registered examinees, giving schools opportunities to enhance their diversity efforts. For more information, go to [aamc.org/medmar](#).

Eligibility: _____

Which academic year(s) would I be eligible to participate? _____

When am I eligible to apply? _____ Application deadline: _____

Accepts out-of-state? ☐ Yes ☐ No ☐ Other: _____

Application requirements: _____

During the Application Process

Program: _____

Description: _____

Eligibility: _____

Which academic year(s) would I be eligible to participate? _____

When am I eligible to apply? _____ Application deadline: _____

Accepts out-of-state? ☐ Yes ☐ No ☐ Other: _____

Application requirements: _____