

# Worksheet 4.1

## Identifying Premed and Application Programs

Use this worksheet to identify programs you may be eligible for participation. Many programs primarily sponsored by medical schools are available to students across the United States. You can start searching at the Medical Pathways and Enrichment Opportunities webpage and at [ExploreHealthCareers.org](https://www.explorehealthcareers.org), and then use this worksheet to figure out your options.

### Before the Application Process

**For example:** Summer Health Professions Education Program (SHPEP)

Description: Six-week academic enrichment program that offers students both academic and career experiences that will support their dental or medical school career preparation. For more information, go to [shpep.org](https://shpep.org).

Eligibility: \_\_\_\_\_

Which academic year(s) would I be eligible to participate? \_\_\_\_\_

When am I eligible to apply? \_\_\_\_\_ Application deadline: \_\_\_\_\_

Accepts out-of-state? ☐ Yes ☐ No ☐ Other: \_\_\_\_\_

Application requirements: \_\_\_\_\_

### During the Application Process

**Program:** \_\_\_\_\_

Description: \_\_\_\_\_

Eligibility: \_\_\_\_\_

Which academic year(s) would I be eligible to participate? \_\_\_\_\_

When am I eligible to apply? \_\_\_\_\_ Application deadline: \_\_\_\_\_

Accepts out-of-state? ☐ Yes ☐ No ☐ Other: \_\_\_\_\_

Application requirements: \_\_\_\_\_