

Worksheet 1.1

Important Resources and Ideas For Getting Medically Related Experiences

Advising Office

Your prehealth advisor*: _____

Advising office phone number: _____

Advisor's email address: _____

Office location: _____

*If your school does not have prehealth advising or you don't have access to an advisor, refer to the National Association of Advisors for the Health Professions' (NAAHP's) Find an Advisor service (naahp.org/student-resources/find-an-advisor).

Clubs and Volunteer Opportunities

Premed club or society on campus: _____

Premed honor society: _____

Service organization club or fraternity: _____

Other Ideas to Make Contacts and Get Experience:

Contact science department about lab and/or research opportunities.

Notes: _____

Contact local clinic or health service provider for volunteer, paid, part-time, or internship opportunities.

Notes: _____

Contact health care providers you know about shadowing opportunities.

Notes: _____

