

# Participate in a Mock Exam Day

## Student Checklist



| Medical College Admission Test

Note: These checklists were created before the COVID-19 pandemic. Please review the MCAT exam's health and safety guidelines for additional information on test-day procedures. You may also email your questions to [advisors@aamc.org](mailto:advisors@aamc.org) (prehealth advisors) or [mcatsprep@aamc.org](mailto:mcatsprep@aamc.org) (examinees).

Here's a checklist of steps to help you prepare for your mock exam day.

### Review the rules.

- Read the [MCAT® Essentials](#), which is *required reading* on test policies and procedures.
- Watch [the video](#) about check-in and security procedures.
- Promote exam integrity and ethical conduct by adhering to the [Honoring Your Examinee Agreement](#) and understanding the [Guidelines for Discussing the MCAT Exam](#).

### Check and confirm:

- Your ID. Ensure that your ID meets all the MCAT requirements. Review the checklist on the next page.

### Show up ready.

- Before mock exam day, follow your advisor's instructions to create an AAMC ID and visit the [AAMC MCAT Official Prep Hub](#).
- Dress comfortably and for varying room temperatures.
- Arrive earlier than the designated time.
- The MCAT exam is approximately 7 hours and 30 minutes long. This includes two 10-minute breaks and one 30-minute break. You cannot leave the premises until you've completed the entire exam, so make sure you've blocked off your calendar for the day.
- The MCAT exam is administered on a computer. For the actual exam, you will be provided with a noteboard and fine-tipped marker. Do not bring paper, notes, or writing tools.
- Shut off your phone or leave it outside the testing room. For the actual MCAT exam, you will be required to store your phone and personal belongings in a locker or other storage solution.
- Bring food and drink. Since there will be no refrigerator or microwave, bring something that doesn't require temperature control. You will store your food and drink and access them only during your breaks.

### Take the practice test, and reflect on the experience.

- Print your score report at the end of the day (if a printer is available) and set up an appointment with your advisor to discuss your results.
- Were you hungry or sleepy? Did you lose energy or focus at any point? Were you dressed comfortably? Consider how you might modify your food, drink, or clothing choices so that you can make the best of your test day.
- Were you comfortable with the exam interface and features? Consider reviewing them again on the Practice with the Exam Features tool located in the [AAMC MCAT Official Prep Hub](#), or take [AAMC MCAT Official Prep practice tests](#) to get better acquainted.

## MCAT REGISTRATION

- The names on your ID must match the first and last names on your MCAT exam registration EXACTLY. (Middle names or initials are not required on the MCAT registration, even if they appear on your ID.)
- Enter your name as your first name and then your last name (surname), even if your ID lists your last name before your first name. If they don't match exactly, you must update your name through the MCAT Registration System by the BRONZE ZONE deadline associated with your test date.
- If your ID has your initials in place of your first and/or last name, or if your initials are on the same line as your first or last name, you must contact AAMC Services (202-828-0600) for instructions before the SILVER ZONE deadline associated with your test date.

## IDENTIFICATION (ID) REQUIREMENTS

You must meet all the following requirements for your ID to be accepted on test day.

1. The ID was issued by a government agency.
2. The ID's expiration date is *printed* on the ID and is not extended by a sticker or similar mechanism.
3. The ID's expiration date is after your exam date.
  - » If your ID will expire before your scheduled test date, you are responsible for obtaining an updated ID prior to your exam. Account for the processing time of government agencies when selecting an exam date.
4. The ID includes your visible signature, which you will be asked to duplicate on test day.
5. The ID contains a photo that can be used to positively identify you.
6. The ID is tangible and whole, with no evidence of tampering (clipped corners, holes, etc.).
7. The ID is in English.



## ACCEPTED

The most common forms of ID are:

- ✓ State driver's license (with all above requirements).
- ✓ Passport (with all above requirements).

## NOT ACCEPTED

Any single ID that does not fulfill the above requirements, even if issued by a government agency. This includes:

- ✗ Passport card.
  - » Does not have a signature.
- ✗ Paper ID or ID application receipt of any kind.
  - » Cannot be validated.
- ✗ Credit card.
  - » Not issued by a government agency.
- ✗ Veterans ID (VIC).
  - » Does not have a signature.
- ✗ Birth certificate.
  - » Does not have a photo.
- ✗ Social security card.
  - » Does not have a photo.
- ✗ Virtual or digital ID.
  - » Cannot be validated.
- ✗ School ID.
  - » Not issued by a government agency.
- ✗ Temporary ID, ID with extension sticker or renewal paperwork, or ID application receipt of any kind, as we are unable to validate authenticity.
  - » *Exception:* Military personnel and dependents stationed outside their home state may present a state-issued driver's license with extension stickers or paperwork that meets all other MCAT-accepted ID conditions **along with their unexpired Uniformed Services ID card.**
  - » *Exception:* If your ID has the word "temporary" printed on it due to your current status within the country, **you must contact AAMC Services for instructions** prior to the SILVER ZONE scheduling deadline associated with your appointment. Your temporary ID will only be accepted on exam day if the AAMC preapproves the exception.
- ✗ Employee ID.
  - » Even if issued by a government agency, it will not be accepted.
- ✗ Library card (including those issued by government agencies).
  - » Cannot be validated.