



Welcome!

Thank you for joining us for today's webinar. The program will begin shortly.

You will not hear the audio until we begin.

If you have technical questions, please email aamc@commpartners.com.

AMCAS Updates, Applicant Work and Extracurricular Activity Experiences, and Preparing 2021 Cycle Applicants for the Choose Your Medical School Tool

February 9, 2021

Panelists

- **AMCAS**

- PJ Kania, Director of AMCAS Product Management
- Sharifa Dickenson, AMCAS Operations Director
- Antonia Brathwaite, AMCAS Product and Implementation Manager
- Rachel Shore, AMCAS Strategy and Constituent Engagement, Senior Specialist

- **AMCAS Advisory Committee Members**

- Jason D'Antonio, PhD, Director, Health Professions Program, Carnegie Mellon University
- Roopal V. Kundu, MD, Associate Dean for Admissions, Northwestern University Feinberg School of Medicine

Agenda

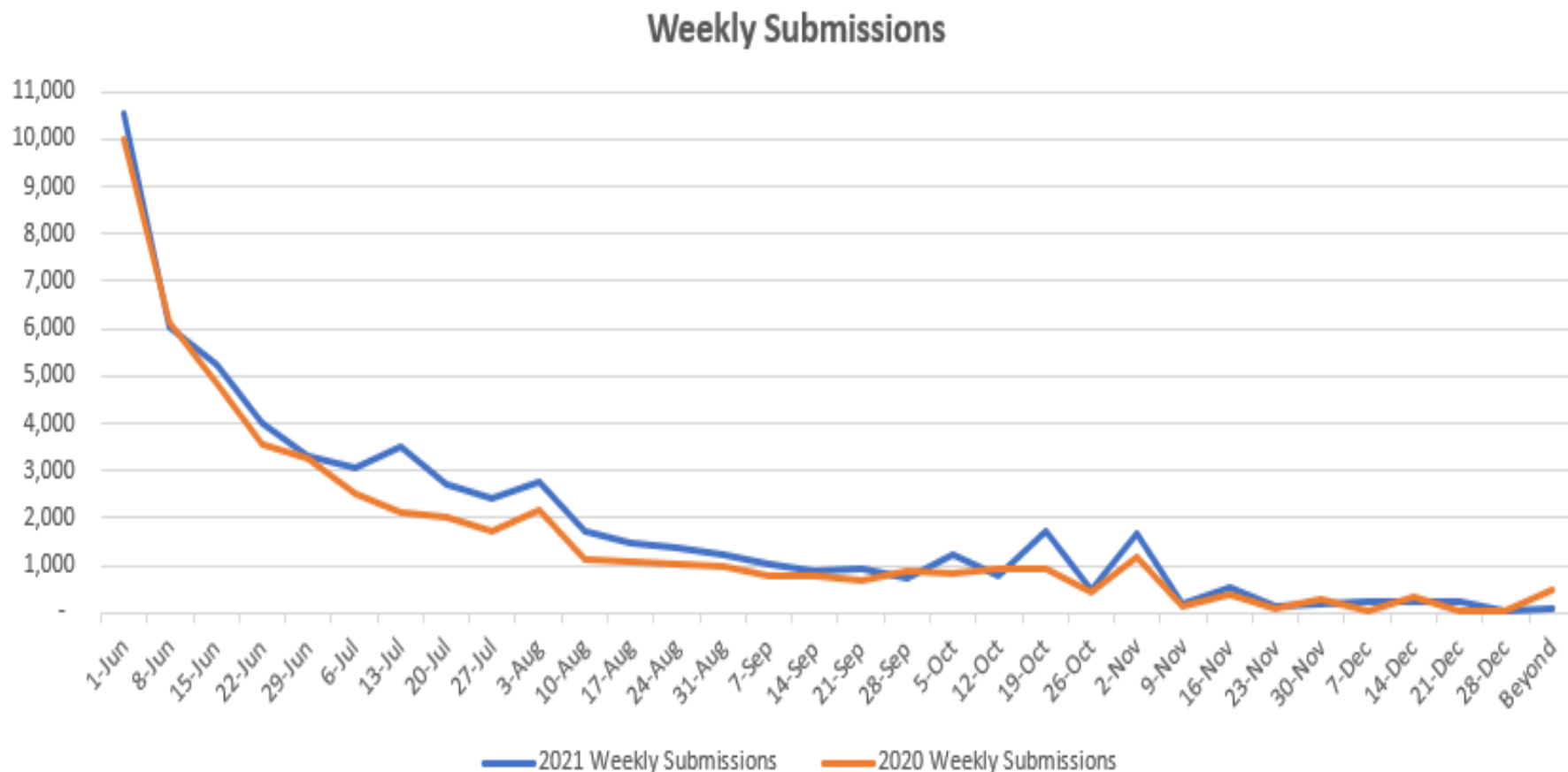
1. 2021 Cycle Updates
2. Fee Assistance Program
3. Choose Your Medical School
4. 2022 Cycle Updates
5. AMCAS Advisory Committee Member Perspectives
6. Questions and Answers

2021 Cycle Update

2021 and 2020 Cycle Data as of Feb. 4

AMCAS Data	Cycle Year 2021	Cycle Year 2020
Total Initiations	99,033	87,573
Total Processed Applications	60,127	50,804
Transcripts Received	234,822	136,344
Letters of Evaluation Received	236,066	199,459

AMCAS Weekly Submissions (as of Feb. 4)



Fee Assistance Program Update

Fee Assistance Program Update

The AAMC strongly believes that the various costs associated with applying to medical school should not be a barrier.

The [AAMC Fee Assistance Program](#) assists premeds who, without financial assistance, would be unable to take the MCAT, apply to medical schools that use AMCAS, and more.



Fee Assistance Program Update

Due to the many challenges facing premeds during the ongoing pandemic, the AAMC adjusted the income eligibility criteria.

- Applicants to the 2021 Fee Assistance Program will be granted benefits if each household reported on their application has a 2020 total family income that is 400 percent or less than the 2020 national poverty level for that family size (previously set at 300 percent or less).

There is a reconsideration process for applicants experiencing financial loss of income due to coronavirus.

- If an applicant is denied 2021 Fee Assistance Program benefits based on 2020 household incomes, they can submit a reconsideration request. To request reconsideration, applicants should email fapreconsideration@aamc.org or call 202-828-0600 to be provided with the Reconsideration Request form.

Fee Assistance Program Data (end of Fee Assistance Program application cycle 2020)

Fee Assistance Program Application Year	Processed and Approved Applications
Year 2020*	16,017
Year 2019	8,969

Fee Assistance Program Update

Recipients of the Fee Assistance Program can save over \$2,000 by utilizing the benefits on their premed journey.

Each Fee Assistance Program award includes:

- Access to the [Medical School Admission Requirements \(MSAR\) website](#)
- Reduced fees for MCAT registration
- Waived MCAT Official Prep product fees
- Assistance in paying for an updated psychoeducational or medical evaluation (if required to support an MCAT accommodation application)
- Waived AMCAS application fees, covering up to 20 medical school submissions, for one application cycle

Fee Assistance benefits are NOT retroactive!

www.AAMC.org/FAP

Fee Assistance Program Update

2021 Fee Assistance Program Opening

- The 2021 Fee Assistance Program application opened February 8, 2021

2021 Fee Assistance Program Webinar

- **Tuesday, March 9, 2021 at 2:00 pm ET**
- Learn about the [2021 AAMC Fee Assistance Program](#) and how medical school applicants can save over \$2,000 through the AAMC Fee Assistance Program
- This 60-minute webinar will cover the 2021 Fee Assistance Program benefits, eligibility requirements, the application process, and include time for Q&A
- The webinar will be recorded and posted on our website. We will notify you through email when it is available

Choose Your Medical School Tool

Choose Your Medical School (CYMS) Tool

CYMS Action	Date	Applicant Decision	What Schools See
Plan to Enroll	February 19 – April 29	Applicants can continue to interview, hold current acceptance offers and receive additional acceptance offers, and remain on any waitlist at any other medical schools.	Aggregate applicant information
Protocol	April 15	Applicants should hold no more than three acceptances	
Protocol	April 30	Applicants should hold no more than one acceptance but can continue to hold waitlist positions	
Plan to Enroll	April 30	The same use for this option applies, however, applicants should not be holding multiple acceptances but can remain on waitlists in accordance with the Protocols.	<u>Detailed, identifiable</u> information about application selections
Commit to Enroll	April 30 – End of Cycle	Applicant is indicating they have made a final selection and withdrawn all other applications, including waitlist positions.	Detailed, identifiable information about application selections

Application and Acceptance Protocols for Applicants

CYMS Aggregate Report

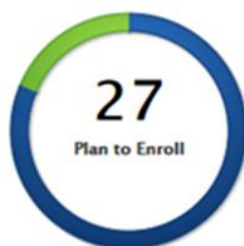
Accepted Applicants and Plan to Enroll Breakdown [?](#)

■ In-State
■ Out-of-State
■ Undecided

Total Accepted Applicants



My School



Another School



Undecided



	# ^A	Y ^A	LC ^A		# ^A	Y ^A	LC ^A		# ^A	Y ^A	LC ^A		# ^A	Y ^A	LC ^A
In-State	57	0 (57)	↑8 (49)	In-State	22	↑22 (0)	↑19 (3)	In-State	4	↑4 (0)	↑2 (2)	In-State	31	↓26 (57)	↓13 (44)
Out-of-State	52	0 (52)	↑2 (50)	Out-of-State	5	↑5 (0)	↑2 (3)	Out-of-State	4	↑4 (0)	↑1 (3)	Out-of-State	43	↓9 (52)	↓1 (44)
TOTAL	109	0 (109)	↑10 (99)	TOTAL	27	↑27 (0)	↑21 (6)	TOTAL	8	↑8 (0)	↑3 (5)	TOTAL	74	↓35 (109)	↓14 (88)

^A# = Current number; Y = Change from yesterday (actual #); LC = Change from Last Cycle (actual #)

CYMS Aggregate Report

Applicants by Acceptances and Alternate List Offers ?

All

My School

Other School

No Decision

Total Applicants who Plan or Commit to Enroll to My School: 191 (Yesterday: ↑3 (188), Last Cycle: ↑6 (185))

Change from (# from):				Change from (# from):			
Number of Accepted Applicants with:	#	Yesterday	Last Cycle	Number of Accepted Applicants with:	#	Yesterday	Last Cycle
0 Acceptance Offers From Other Schools	190	↓2 (192)	↑10 (180)	0 Alternate List Offers From Other Schools	170	↑5 (165)	↑6 (164)
1 Acceptance Offers From Other Schools	4	↑3 (1)	↓1 (5)	1 Alternate List Offers From Other Schools	17	↓1 (18)	↑2 (15)
2 Acceptance Offers From Other Schools	2	↑1 (1)	0 (2)	2 Alternate List Offers From Other Schools	4	↑2 (2)	↓3 (7)
3 Acceptance Offers From Other Schools	1	0 (0)	↑1 (1)	3 Alternate List Offers From Other Schools	3	↑1 (2)	↑2 (1)
4 Acceptance Offers From Other Schools	0	0 (0)	0 (0)	4 Alternate List Offers From Other Schools	0	0 (0)	↓1 (1)
5+ Acceptance Offers From Other Schools	0	0 (0)	0 (0)	5+ Alternate List Offers From Other Schools	0	0 (0)	0 (0)

Acceptance/Alt. List Summary Reports

Acceptance Summary



☐ Programs

Apply

Reset

Total Applicants

478

Accepted Applicants List

Total Number of Accepted Applicants: 1

Search



First Name	Last Name ↑	Email	AAMC ID	Program	Current Action	Sex	SLR
Oracle	Upgrade	oracletest@test.com	21227990	Combined Medical Degree/Ph.D	AC	D	N/A

Items per page: 10 1 - 1 of 1 << < > >>

Accepted Applicant Pool Comparison by Acceptances and Alternate Lists

The minimum threshold is not met

Total Accepted Applicants: 1 (Yesterday: 0 (1), Last Cycle: ↓217 (218))

		Change from (# from):				Change from (# from):	
Number of Accepted Applicants with:	#	Yesterday	Last Cycle	Number of Accepted Applicants with:	#	Yesterday	Last Cycle
0 Acceptance Offers From Other Schools	N/A	N/A	N/A	0 Alternate List Offers From Other Schools	N/A	N/A	N/A
1 Acceptance Offers From Other Schools	N/A	N/A	N/A	1 Alternate List Offers From Other Schools	N/A	N/A	N/A
2 Acceptance Offers From Other Schools	N/A	N/A	N/A	2 Alternate List Offers From Other Schools	N/A	N/A	N/A
3 Acceptance Offers From Other Schools	N/A	N/A	N/A	3 Alternate List Offers From Other Schools	N/A	N/A	N/A
4 Acceptance Offers From Other Schools	N/A	N/A	N/A	4 Alternate List Offers From Other Schools	N/A	N/A	N/A
5+ Acceptance Offers From Other Schools	N/A	N/A	N/A	5+ Alternate List Offers From Other Schools	N/A	N/A	N/A



☐ Programs ▾

Apply

Reset

Total Applicants

478

Acceptance Offers By School Summary ⓘ

Total Number of Accepted Applicants: 109

Search

Medical School Name	Number of Accepted Applicants in My Pool That Are Accepted Elsewhere ↓
University of Arizona College of Medicine – Tucson	19
Case Western Reserve University School of Medicine	7
University of California, Davis, School of Medicine	7
Boston University School of Medicine	*
Creighton University School of Medicine	*
Duke University School of Medicine	*
Keck School of Medicine of the University of Southern California	*
Mayo Clinic Alix School of Medicine - Arizona Campus	*

Important Reminders

- Applicants are encouraged to:
 - Review Choose Your Medical School information; the tool is not the primary means of communications between the applicant and the medical school
 - Follow school-specific policies and procedures for using the tool
 - Professionalism on the part of all stakeholders is critical for the tool's success
 - Become familiar with the [Application and Acceptance Protocols for Applicants](#), the guiding principles for professional behavior during the medical school application process

Resources


- **Information for Applicants:**

- [Choose Your Medical School Website for Applicants](#)
- [Choose Your Medical School Guide for Applicants \(step-by-step instructions for how to use the tool\)](#)
- [Choose Your Medical School downloadable resource \(for applicants and advisors\)](#)

- **Information for Advisors:**

- [Choose Your Medical School Website for Advisors](#)
- [Previous Choose Your Medical School Webinars for Advisors](#)
- [Choose Your Medical School Tool FAQs for Advisors](#)

Applicant View – Login Page

AAMC

Robert Downey ▾

American Medical College Application Service © 2020 Application

Back to Dashboard

My AAMC Profile

My Application ▾

Help

Access the Choose Your Medical School Tool.

Robert Downey

AAMC ID
20968297

Sex
Male

Date of Birth
01/14/1990

Email
amcasuat@gmail.com

Country of Birth
USA

Birth State
NJ

Birth City
Atlantic

Some information is centrally managed by AAMC and cannot be edited on this page. To edit your legal name, preferred name, birth, and sex, go to My AAMC Profile

Edit My Profile

Quick Links

Academic Change Request

Update Advisor Release

Choose Your Medical School

Learn more about the AAMC Fee Assistance Program »

View AMCAS Participating Medical Schools and Deadlines »

Find AMCAS resources on the Tools and Tutorials page »

Visit the AMCAS website »

Medical School Admission Requirements (MSAR) »

Follow us on Twitter

Application - AMCAS Processing is Complete

Identifying Information

Schools Attended

Biographic Information

Course Work

Work/Activities

Letters of Evaluation

Medical Schools

Essays

Standardized Tests

Completed

Completed

Completed

Completed

Completed

Completed

Completed

Completed

Print Transcript Request Forms

Print Letter Request Forms

Print Application

View Application Status History

My Document Statuses

Transcripts (1)

Clarkson University (New York)


View All Transcript Statuses

Letters of Evaluation (0)

You have no letters attached to your application

View All Document Statuses

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AAMC

Applicant View – CYMS Selection

Choose Your Medical School

[Show History](#)

Please select a medical school and indicate whether you Plan (available February 19) or Commit (available April 30) to Enroll.

In accordance with Protocol 9, do not hold more than 1 acceptance after April 30. For more information about receiving timely notification about the outcome of your application, please read the [Application and Acceptance Protocols for Applicants](#).

Medical schools can see aggregate data between **February 19 and April 29**. Beginning **April 30**, medical schools can see detailed information about their accepted and waitlisted applicants as reported to AMCAS. Medical schools can see an applicant's selection (Plan or Commit) including if they selected another medical school or if no decision has been selected. Medical schools can also see if an applicant has been reported as matriculated by another medical school. Medical schools will know which applicants selected their school but will not see the name of any other medical school selected by an applicant.

Please review additional information about the Choose Your Medical School tool.

Only schools where you are currently holding an acceptance are available to select (based on AMCAS records). If you do not see a school that you think should be listed, please contact the medical school.

Note: if you see any schools with (Non-AMCAS), these are schools that don't participate in AMCAS such as TMDAS medical schools.

Select a Medical School

- ☒ AMCAS University School of Medicine
- ☐ University of AMCAS College of Medicine

Please review the Application and Acceptance Protocols for Applicants.

- ☐ **Plan to Enroll:** I have selected this medical school as the one I plan to attend in accordance with Protocol 9 of the Application and Acceptance Protocols for Applicants.
By selecting "Plan to Enroll," I am communicating to all schools at which I hold an acceptance that I have made a choice about the school at which I plan to enroll, and that I have withdrawn from my other acceptances, and hold only one acceptance. I understand that it is my responsibility to communicate with the other medical schools directly and to follow their school-specific processes to withdraw my application(s). I understand that I can continue to interview, remain on any waitlist, and receive additional acceptance offers. Beginning April 30th, medical schools can see which applicants have selected "Plan to Enroll" at their institution.
- ☒ **Commit to Enroll:** I am confirming my commitment to matriculate to the medical school selected above.
By selecting "Commit to Enroll," I am indicating that I have made my final selection and withdrawn all other applications, including waitlist positions.
I understand that it is my responsibility to communicate my withdrawal and acceptance decisions with medical schools directly and to follow their school-specific processes to withdraw my application(s) or confirm my acceptance. Selecting "Commit to Enroll" is not an appropriate method of withdrawing applications from other medical school(s), including any which have offered me an acceptance. Beginning April 30th, medical schools can see which applicants have selected "Commit to Enroll" at their institution.
- ☐ I acknowledge and understand the Choose Your Medical School option I have selected above, my responsibilities of direct communication with the medical schools, and the importance of following school-specific application policies and processes. I understand that information about my selection will be made available as noted at the top of the page.

[Cancel](#)[Save & Continue](#)

Choose Your Medical School Training Guide



Choose Your Medical School Tool Guide for Applicants

This guide provides AMCAS® applicants with step-by-step instructions to accessing, using, and editing the Choose Your Medical School (CYMS) tool.

Where can I access the CYMS tool?

The CYMS tool is available in the AMCAS web application once you receive an acceptance. Follow the steps below to access the CYMS tool:

Step 1: Log in to the AMCAS web application.

- Go to the AMCAS web application (apps.aamc.org/amcas), and log in with your credentials.
- Once logged in, you will land on the Application Year Selection page (refer to Figure 1).

Step 2: Access the relevant application year.

- Select the relevant application year from the Application Year Selection page (refer to Figure 1).

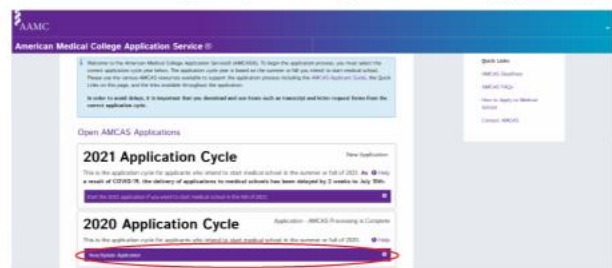


Figure 1. Application Year Selection page.

Step 3: Access the Choose Your Medical School Tool

- On the main menu page (refer to figure 2), the CYMS tool can be accessed in two ways:
 - Banner at the top of the page.
 - Button in the quick links section.
- Select the link in either the banner or button to access the CYMS tool.

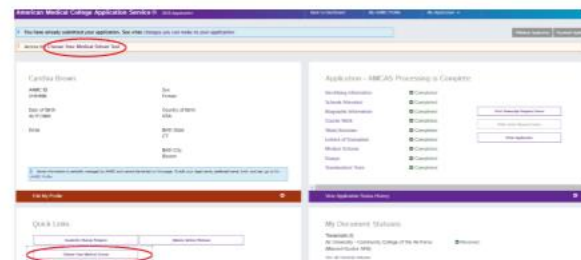


Figure 2. Main menu.

Step 4: Make your CYMS selection.

- From Feb. 19 to April 29, you will be able to select **only** "Plan to Enroll" from the CYMS tool (refer to Figure 3).
- On or after April 30, you will be able to select "Plan to Enroll" or "Commit to Enroll."

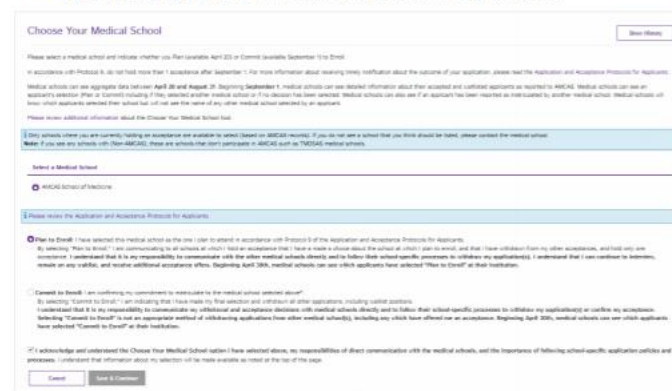


Figure 3. CYMS selection page.



Prehealth Advisor View in AIS

⌵

AMCAS Application Status		
Status:	P - Processed; Date:	
Deadlines:	The applicant has missed 0 deadline(s).	
Choose Your Medical School		
Change Type	Details	Change Date
Selection	Selected "Plan to Enroll" to Cooper Medical School of Rowan University	
Selection	Selected "Commit to Enroll" to Cooper Medical School of Rowan University	
Deletion	Previous selection reset by applicant	
Selection	Selected "Plan to Enroll" to Cooper Medical School of Rowan University	
Selection	Selected "Plan to Enroll" to Cooper Medical School of Rowan University	
Deletion	Previous selection reset by applicant	
Selection	Selected "Plan to Enroll" to Cooper Medical School of Rowan University	

Applicants by Acceptances '21 vs. '20 (as of 2/8)



12,613 (-764 decrease compared to last year)

Total # of Applicants with ACs

1.63 (-0.09 slight decrease compared to last year)

Average # of ACs per Applicant

2021 Application Cycle - As of 2/8/2021								2020 Application Cycle - As of 2/8/2020			
# of ACs	# of Applicants	# Comp. to Prior Yr	%	% Comp. to Prior Yr	Cum. %	Cum. % Comp. to Prior Yr		# of ACs	# of Applicants	%	Cum. %
1	8,520	71 ↑	67.6%	4.39% ↑	67.6%	4.39% ↑		1	8,449	63.2%	63.2%
2	2,265	-297 ↓	18.0%	-1.19% ↓	85.5%	3.20% ↑		2	2,562	19.2%	82.3%
3	906	-269 ↓	7.2%	-1.60% ↓	92.7%	1.59% ↑		3	1,175	8.8%	91.1%
4	424	-181 ↓	3.4%	-1.16% ↓	96.1%	0.43% ↑		4	605	4.5%	95.6%
5	234	-49 ↓	1.9%	-0.26% ↓	97.9%	0.18% ↑		5	283	2.1%	97.7%
6	109	-55 ↓	0.9%	-0.37% ↓	98.8%	-0.19% ↓		6	164	1.2%	99.0%
7	59	-9 ↓	0.5%	-0.04% ↓	99.2%	-0.23% ↓		7	68	0.5%	99.5%
8	40	15 ↑	0.3%	0.13% ↑	99.6%	-0.10% ↓		8	25	0.2%	99.7%
9	24	3 ↑	0.2%	0.03% ↑	99.8%	-0.06% ↓		9	21	0.2%	99.8%
10	9	-3 ↓	0.1%	-0.02% ↓	99.8%	-0.08% ↓		10	12	0.1%	99.9%
11	10	3 ↑	0.1%	0.03% ↑	99.9%	-0.06% ↓		11	7	0.1%	100.0%
12	6	3 ↑	0.1%	0.03% ↑	99.9%	-0.04% ↓		12	3	0.0%	100.0%
13	2	2 ↑	0.0%	0.02% ↑	100.0%	-0.04% ↓		13	0	0.0%	100.0%
14	0	-1 ↓	0.0%	-0.01% ↓	100.0%	0.01% ↑		14	1	0.0%	100.0%
15	3	1 ↑	0.0%	0.01% ↑	100.0%	-0.02% ↓		15	2	0.0%	100.0%
16	2	2 ↑	0.0%	0.02% ↑	100.0%	0.00% —		16	0	0.0%	100.0%

2020 Cycle CYMS Activity

American Medical College
Application Service

AMCAS



Choose Your Medical School Tool Acceptance Summary: 9/14/2020

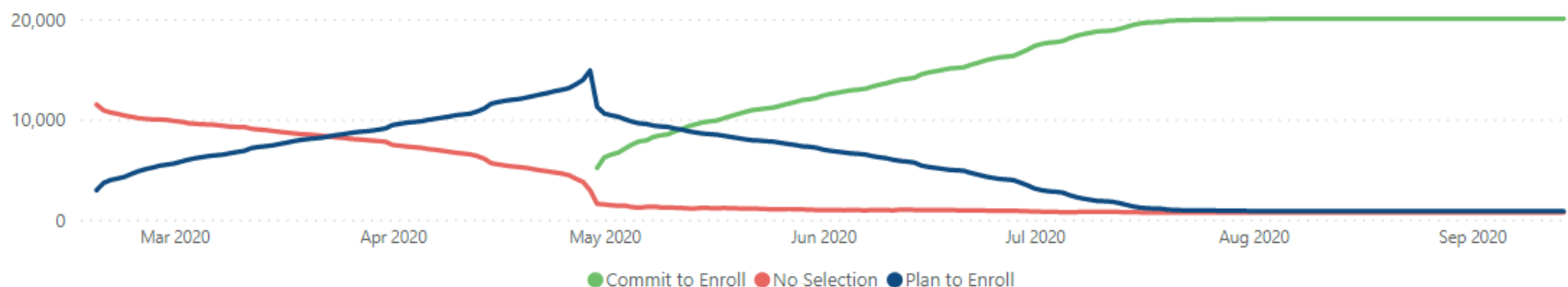
21,625
Total Acceptances

850
Total PTE

20,040
Total CTE

735
No Selection

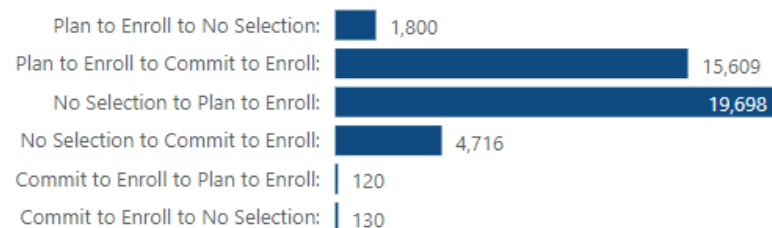
Trends



Acceptance Plan Changes (This Date)



Acceptance Plan Changes (Year-to-Date*)



New ACs/ALs Given (This Date)



New ACs/ALs Given (Year-to-Date*)



2019 Cycle CYMS Activity

American Medical College
Application Service

AMCAS



AAMC

Choose Your Medical School Tool Acceptance Summary: 9/9/2019

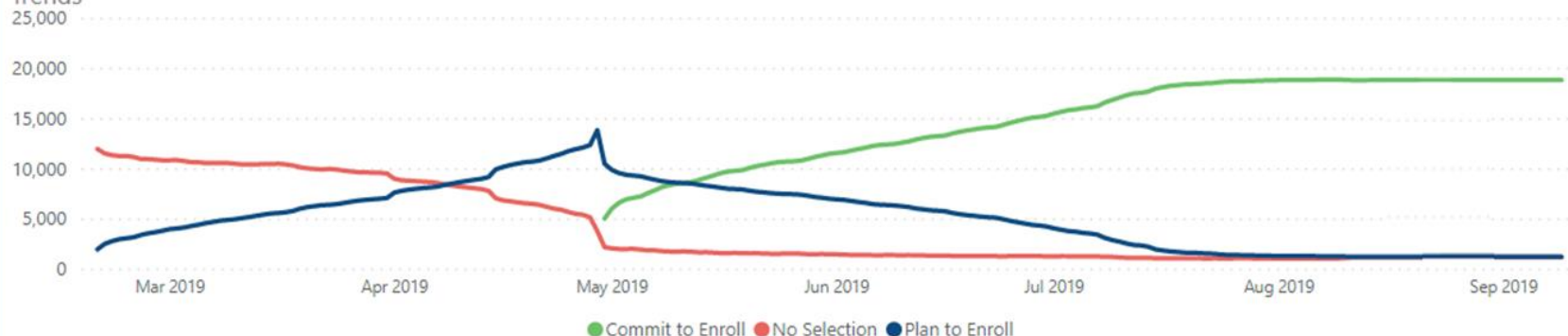
21,335
Total Acceptances

1,253
Total PTE

18,872
Total CTE

1,210
No Selection

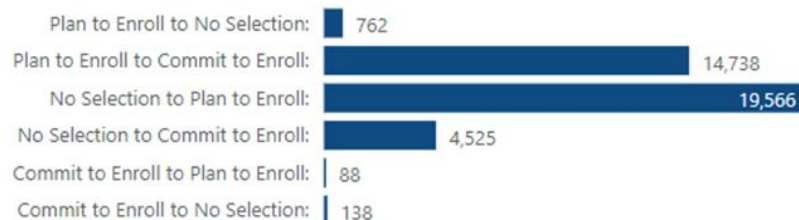
Trends



Acceptance Plan Changes (This Date)



Acceptance Plan Changes (Year-to-Date*)



New ACs/ALS Given (This Date)



New ACs/ALS Given (Year-to-Date*)



1
Applicants Holding 2 or More ACs

1
Applicants Holding 4 or More ACs

*From February 19th of the application cycle to the date selected.

Key Takeaways

- More schools used CYMS and required “Commit to Enroll” this year
- School communication of CYMS policies and procedures improved applicant adherence and understanding of the tool
- Applicant feedback suggests they prefer to receive emails directly from schools
- AMCAS received fewer calls from both applicants and medical schools compared to previous cycle
- AMCAS received no reports of applicants failing to show up to orientation

2022 Cycle Update

AMCAS continues to monitor a number of issues with our AMCAS Advisory Committee

- Applicant volume and behavior
- Transcript processing timelines
- Impact of COVID:
 - Alternate grading
 - Virtual and nontraditional experiences
 - Letters of evaluation

2022 Application Dates

Application Deadlines

- Application must be submitted by 11:59 p.m. ET of the deadline date
- Transcripts must be received by AMCAS within 14 calendar days* of the application deadline date (or the next business day if the deadline date falls on a weekend or holiday)
- *For Early Decision Program applicants (August 1 is on a Sunday in 2021), all transcripts must be received by Monday, August 2
- Visit www.aamc.org/amcasdeadlines

Date*	Event
April 2021	2022 AMCAS Resources <ul style="list-style-type: none">• Applicant Guide• Opening Cycle Webinars for Applicants and Advisors
Monday, May 3	AMCAS application opens
Thursday, May 27	AMCAS application submission begins
Friday, June 25	Initial transmission of application data to medical schools
Monday, August 2*	Early Decision Program deadline
Sept.-Dec.	Application deadlines

Application dates are subject to change; if needed, updates will be provided

Alternative Grading & AMCAS

The [Guidance on Grading and Transcript Notations in the AMCAS Application](#) assists advisors and applicants with understanding the potential impact of alternative grading policies on applicants' cumulative and BCPM (Biology, Chemistry, Physics, and Math) GPAs.



Guidance on Grading and Transcript Notations in the AMCAS Application

The disruption of school terms because of the coronavirus (COVID-19) has compelled many academic institutions to implement alternative grading policies. The AMCAS Advisory Committee has encouraged schools to take these changes into consideration when reviewing applications this cycle and screening for applicants. AMCAS is communicating with schools, pre-health advisors, and applicants to assist with understanding the potential impact of alternative grading policies on applicants' cumulative and BCPM (Biology, Chemistry, Physics, and Math) GPAs.

Using the [AMCAS Application Grade Conversion Guide](#), an applicant can estimate their cumulative and AMCAS GPAs. Applicants are also encouraged to use the [MSAR Advisor Reports](#) and reference school-specific grading requirements for the most current information. For more information on how to enter coursework and grades, please see our [AMCAS Applicant Guide](#).

Grading and the AMCAS GPA

In the AMCAS application, all courses with credit hours and letter grades are calculated into the AMCAS GPA, regardless of whether the credit is counted towards a degree or has been counted towards a school-calculated GPA.

Binary non-qualitative grades (e.g., pass/fail, credit/no credit, and satisfactory/unsatisfactory) do not have value or weight on the AMCAS GPA. These classes are counted in Supplemental Hours in the application *unless* a school provides an alpha letter grade conversion. Applicants should review their school-specific grading policy to understand how alternative grades are reported. Courses graded on a pass/fail basis are usually indicated by special transcript grades and/or symbols designating pass and fail.

How are grades reflected in the AMCAS GPA?

Scenario 1

Figure 1 shows the sample coursework entry for an applicant who received standard letter grades during the second semester of their senior year.

STAT	COURSE	YEAR	TERM	COURSE NAME	CREDIT HOURS	LETTER GRADE	AMCAS GRADE	BIOL	CHEM	PHYS	MATH	AMCAS GPA
SR	BIOL 201	2018	S2	INTR. BIOL. ANTHRO.	201	LEC	A	4	4			A
SR	BIOL 112	2018	S2	PLANTS IN HUMAN AFFAIRS	112	LEC	A	3	3			A
SR	ARTS 200	2018	S2	THE FRANKFURT SCHOOL ON MASS CULTURE & FILM	200	LEC	A	3	3			A
SR	BIOL 211	2018	S2	CRIT. ANALYSIS BIO RES.	211	LEC	A	2	2			A

Experiences

- The Work/Activities section in AMCAS will remain as is for the 2022 application cycle
- Medical schools are encouraged to ask via secondaries about the nature of the experience, why it was meaningful, and how it impacted the applicant's journey to medicine
- Some schools may also ask how the pandemic affected applicants

Work/Activities

i The Work and Activities section is designed to give you the opportunity to include in your application any work or extracurricular activities that you would like to bring to the attention of the medical schools to which you are applying. You can add up to 15 entries. You will be prompted to summarize each experience.

As part of this process, you will be asked to identify up to three experiences that you consider the most meaningful. If you have two or more entries you will be required to identify at least one as the most meaningful. When considering which experiences are the most meaningful, you might consider the transformative nature of the experience: the impact you made while engaging in the activity and the personal growth you experienced as a result of your participation.

Please add your work/activity entries (up to 15 entries).

[+ Add Work/Activity](#)

[None](#)

2022 Application Cycle

We will continue to provide updates via:

- [Our website](#)
- [Coronavirus \(COVID-19\) and AMCAS page](#)
- AMCAS Twitter feed (@AMCASinfo)
- Emails from AMCAS Outreach, [Prehealth Advisor Email Series](#), and [Premed Navigator](#)

If you have any questions or require assistance, please contact the AAMC Services Contact Center at 202-828-0600 or advisors@aamc.org

AMCAS Advisory Committee Member Perspectives

Questions and Answers

Appendix



Using the Choose Your Medical School Tool

Important Considerations for Applicants

- Protecting applicant privacy and choice is one of the core tenets of this tool.
- Use of the tool is determined by each medical school to which you apply. Please be familiar with each school's processes and procedures.
- Ensure that you follow each school's guidelines if you wish to withdraw your application from a school after you have made your final decision.
- If you have questions about school-specific policies regarding the tool, you should communicate with the school directly.
- Become familiar with the *Application and Acceptance Protocols for Applicants*, which are the guiding principles for professional behavior during the medical school application process. These guidelines are not intended to supersede the policies, timelines, or discretion of individual schools or programs. However, they do provide a sense of professionalism that the medical schools are looking for from applicants.

Applicant Options in AMCAS Application

Plan to Enroll

Wording Prior to April 30:

Plan to Enroll: I have preliminarily selected this medical school as the one I plan to attend in accordance with Protocol 9 of the Application and Acceptance Protocols for Applicants. Medical schools can only see aggregate information until April 30th and will not know which applicants have selected "Plan to Enroll" at their school or at other schools. Beginning April 30th, medical schools can see which of their accepted applicants have selected "Plan to Enroll" at their institution. **I understand that I can continue to interview, hold my current acceptance offers and receive additional acceptance offers, and remain on any waitlist at any other medical schools to which I applied.**

I acknowledge and understand the Choose Your Medical School option I have selected above, my responsibilities of direct communication with the medical schools, and the importance of following school-specific application policies and processes. I understand that information about my selection will be made available as noted at the top of the page.

Applicant Options in AMCAS Application

Plan to Enroll

Wording beginning April 30:

Plan to Enroll: I have selected this medical school as the one I plan to attend in accordance with Protocol 9 of the Application and Acceptance Protocols for Applicants.

By selecting "Plan to Enroll," I am communicating to all schools at which I hold an acceptance that I have made a choice about the school at which I plan to enroll, and that I have withdrawn from my other acceptances, and hold only one acceptance. **I understand that it is my responsibility to communicate with the other medical schools directly and to follow their school-specific processes to withdraw my application(s). I understand that I can continue to interview, remain on any waitlist, and receive additional acceptance offers. Beginning April 30th, medical schools can see which applicants have selected "Plan to Enroll" at their institution.**

I acknowledge and understand the Choose Your Medical School option I have selected above, my responsibilities of direct communication with the medical schools, and the importance of following school-specific application policies and processes. I understand that information about my selection will be made available as noted at the top of the page.

Applicant Options in AMCAS Application

Commit to Enroll option available April 30th

Wording beginning April 30:

Commit to Enroll: I am confirming my commitment to matriculate to the medical school selected above*.

By selecting "Commit to Enroll," I am indicating that I have made my final selection and withdrawn all other applications, including waitlist positions.

I understand that it is my responsibility to communicate my withdrawal and acceptance decisions with medical schools directly and to follow their school-specific processes to withdraw my application(s) or confirm my acceptance. Selecting "Commit to Enroll" is not an appropriate method of withdrawing applications from other medical school(s), including any which have offered me an acceptance. Beginning April 30th, medical schools can see which applicants have selected "Commit to Enroll" at their institution.

I acknowledge and understand the Choose Your Medical School option I have selected above, my responsibilities of direct communication with the medical schools, and the importance of following school-specific application policies and processes. I understand that information about my selection will be made available as noted at the top of the page.

Choose Your Medical School Tool Applicant Options — A Summary

Plan to Enroll

- Option available February 19
- Summary of Option:
 - Applicants can continue to interview, hold current acceptance offers and receive additional acceptance offers, and remain on any waitlist at any other medical schools.
 - Note: beginning April 30, the only difference is that applicants should not be holding multiple acceptances in accordance with the Protocols.

Commit to Enroll

- Option available beginning April 30
- Summary of Option:
 - Applicant is indicating they have made a final selection and withdrawn all other applications, including waitlist positions.

February 19-April 29

Medical schools can only see aggregate data about applicant selections

April 30 – End of Cycle

Beginning April 30, medical schools can see detailed, identifiable information about application selections.

Note: medical schools will not see information about which other medical school an applicant selects and whether any particular applicant has any other acceptances.

Choose Your Medical School Emails

Emails to Applicants (beginning Feb. 19)

1. Confirmation email each time they make a selection.
2. Notice of selection being removed due to a change in admission action by selected medical school.

Emails to Schools (beginning April 30)

1. Notice of applicant selecting Commit to Enroll to another medical school. Note: name of other school not disclosed.
 - i. Only for applicants in a non-final action (as reported to AMCAS).
2. Notice of applicant changing Commit to Enroll selection. This includes deleting current selection, changing to Plan to Enroll, or selecting another school.